					Instructor		
Day	Time	Describe Your Event	Event Type	Provider	Name	Platform	Description
		Color & Vibe					
19 January 2021	5:00-6:00		Youth Engagement	ARCC			Self-Care through artistic expression
		Calf Care for Varith Dady					Loam about the source of massion connection
		Self-Care for Youth Body, Mind, and Brain: Your Brain			Sharla Kibel,		Learn about the sources of passion, connection, courage, and imagination and tools to train our brains
19 January 2021	3:00-5:00	Remodeling is Up to YOU	Youth Engagement	BHSD	LMFT	BHSD Zoom	
13 January 2021	3.00-3.00	Remodeling is op to 100	Touth Engagement	BHJD	LIVII	D113D 200111	usings the fleatiny willia flatter and williasight fools.
					Michael		Overview of current trends in substance use and a
		What's Popping: Substances			Shackel &		deeper diver into looking at the three most commonly
19 January 2021	3:30-4:30	and You	Psychoeducation	BHSD/SUTS	Olga Salazar	BHSD Zoom	used substances among youth
		Among Us Game Night					playing online game of Among Us to provide a space
20 January 2021	4:30-5:30		Youth Engagement	ARCC			for fun and community
					Yuki Ascue,		
		Virtual Yoga: Finding Peace	"		LCSW, RYT		Develop flexibility, strength, balance, & focus through
20 January 2021	4:00-5:00	Within	Wellness	BHSD	500	BHSD Zoom	yoga
							Mindfulness groups revolving around guided
							meditation, activity, discussion, and breath work; each
		Mindfulness Monday					session 30 minutes (Middle School 3:15-3:45/High
25 January 2021	3:15-4:30	,	Youth Engagement	ARCC			School & College 4:00-4:30)
, ,		Color & Vibe	J. J				g
26 January 2021	5:00-6:00		Youth Engagement	ARCC			Self-Care through artistic expression
		Self-Care for Youth Body,					Learn about the sources of passion, connection,
		Mind, and Brain: Your Brain			Sharla Kibel,		courage, and imagination and tools to train our brains
26 January 2021	3:00-5:00	Remodeling is Up to YOU	Youth Engagement	BHSD	LMFT	BHSD Zoom	usings the Healthy Mind Platter and Mindsight Tools.
					Michael		Overview of current trands in substance was and
		What's Popping: Substances			Michael Shackel &		Overview of current trends in substance use and a deeper diver into looking at the three most commonly
26 January 2021	3:30-4:30	and You	Psychoeducation	BHSD/SUTS	Olga Salazar	BHSD Zoom	used substances among youth.
20 January 2021	3.30-4.30	and rou	rsychoeducation	פוטכןטכווט	Oiga SalaZdi	DI 13D 200111	used substances among youth.
		Among Us Game Night					 playing online game of Among Us to provide a space
27 January 2021	4:30-5:30		Youth Engagement	ARCC			for fun and community
,		!				L	1

		Youth Incubator: Speaker & Dance Workshop					Q&A with professional dance instructor & an exclusive
27 January 2021	5:00-630	Bance Workshop	Youth Engagement	AACI			KPOP Dance Workshop
							Add of the control of
							Mindfulness groups revolving around guided meditation, activity, discussion, and breath work; each
		Mindfulness Monday					session 30 minutes (Middle School 3:15-3:45/High
01 February 2021	3:15-4:30		Youth Engagement	ARCC			School & College 4:00-4:30)
02 February 2021	5:00-6:00	Color & Vibe	Youth Engagement	ARCC			Self-Care through artistic expression
02100144192021	3.00 0.00		Touth Engagement	Titlee			Self-Care tiffough artistic expression
		Among Us Game Night					playing online game of Among Us to provide a space
03 February 2021	4:30-5:30		Youth Engagement	ARCC			for fun and community
							Mindfulness groups revolving around guided
							meditation, activity, discussion, and breath work; each
00.5.1	2 4 5 4 2 2	Mindfulness Monday	V. 4. 5	4,000			session 30 minutes (Middle School 3:15-3:45/High
08 February 2021	3:15-4:30	Color & Vibe	Youth Engagement	ARCC			School & College 4:00-4:30)
09 February 2021	5:00-6:00	20101 & 1132	Youth Engagement	ARCC			Self-Care through artistic expression
		What's Popping: Substances			Michael Shackel &		Overview of current trends in substance use and a deeper diver into looking at the three most commonly
09 February 2021	3:30-4:30	and You	Psychoeducation	BHSD/SUTS	Olga Salazar	BHSD Zoom	used substances among youth.
10 February 2021	4:30-5:30	Among Us Game Night	Youth Engagement	ARCC			playing online game of Among Us to provide a space for fun and community
10 February 2021	4:30-3:30	Color & Vibe	Touth Engagement	ARCC			for full and community
16 February 2021	5:00-6:00		Youth Engagement	ARCC			Self-Care through artistic expression
					Michael		Overview of current trends in substance use and a
		What's Popping: Substances			Shackel &		deeper diver into looking at the three most commonly
16 February 2021	3:30-4:30	and You	Psychoeducation	BHSD/SUTS	Olga Salazar	BHSD Zoom	used substances among youth.
17 February 2021	4:30-5:30	Among Us Game Night	Youth Engagement	ARCC			playing online game of Among Us to provide a space for fun and community
17 1 Columny 2021	7.30-3.30		Touth Engagement	Ance	Yuki Ascue,		for fair and community
		Virtual Yoga: Finding Peace			LCSW, RYT		Develop flexibility, strength, balance, & focus through
17 February 2021	4:00-5:00	Within	Wellness	BHSD	500	BHSD Zoom	yoga

22 February 2021	3:15-4:30	Mindfulness Monday	Youth Engagement	ARCC	Mindfulness groups revolving around guided meditation, activity, discussion, and breath work; each session 30 minutes (Middle School 3:15-3:45/High School & College 4:00-4:30)
		Color & Vibe			
23 February 2021	5:00-6:00		Youth Engagement	ARCC	Self-Care through artistic expression
24 February 2021	4:30-5:30	Among Us Game Night	Youth Engagement	ARCC	playing online game of Among Us to provide a space for fun and community
01 March 2021	3:15-4:30	Mindfulness Monday	Youth Engagement	ARCC	Mindfulness groups revolving around guided meditation, activity, discussion, and breath work; each session 30 minutes (Middle School 3:15-3:45/High School & College 4:00-4:30)
03 March 2021	4:30-5:30	Among Us Game Night	Youth Engagement	ARCC	playing online game of Among Us to provide a space for fun and community
08 March 2021	3:15-4:30	Mindfulness Monday	Youth Engagement	ARCC	Mindfulness groups revolving around guided meditation, activity, discussion, and breath work; each session 30 minutes (Middle School 3:15-3:45/High School & College 4:00-4:30)
10 March 2021	4:30-5:30	Among Us Game Night	Youth Engagement	ARCC	playing online game of Among Us to provide a space for fun and community
15 March 2021	3:15-4:30	Mindfulness Monday	Youth Engagement	ARCC	Mindfulness groups revolving around guided meditation, activity, discussion, and breath work; each session 30 minutes (Middle School 3:15-3:45/High School & College 4:00-4:30)
17 March 2021	4:30-5:30	Among Us Game Night	Youth Engagement	ARCC	playing online game of Among Us to provide a space for fun and community
22 March 2021	3:15-4:30	Mindfulness Monday	Youth Engagement	ARCC	Mindfulness groups revolving around guided meditation, activity, discussion, and breath work; each session 30 minutes (Middle School 3:15-3:45/High School & College 4:00-4:30)

24 March 2021	4:30-5:30	Among Us Game Night	Youth Engagement	ARCC		playing online game of Among Us to provide a space for fun and community
29 March 2021	3:15-4:30	Mindfulness Monday	Youth Engagement	ARCC		Mindfulness groups revolving around guided meditation, activity, discussion, and breath work; each session 30 minutes (Middle School 3:15-3:45/High School & College 4:00-4:30)
TBD	TBD	Virtual Paint Night	Youth Engagement	AACI		Featuring a local artist that will teach you easy techniques for some family fun
TBD	TBD	Digital Media Workshop	Youth Engagement	AACI		Self-paced workshops such as animation, graphic design & app creation
TBD	TBD	Intro Into Storytelling	Youth Engagement	AACI		Communicate through media production and storytelling & understand the power of your voice & ideas