Firsthand reviews by volunteers, donors, and clients.

Discover trustworthy nonprofits.

Make a donation.

Great*Guide to Giving and Volunteering

San Francisco Bay Area 2009

More than 100 organizations doing great work.

Give your time.

Published by GreatNonprofits.org

Welcome to the launch of the Great*Guide

If you picked this up, you're probably someone who is interested in making a greater social difference by finding great local nonprofits to support.

As you know, this is expected to be one of the most difficult years for nonprofit organizations in a long time. Due to the jittery financial and credit markets, most middle-class people—and even wealthy people—have seen their savings and investments decline. The size and amount of donations that are needed to sustain many grassroots groups are likely to shrink.

But the needs that nonprofits serve in our communities are not decreasing—they are on the rise. The mortgage crisis means thousands of our neighbors are in peril of losing their homes. Friends are losing jobs, the ability to put food on the table, and pay the doctor's bills. In such troubling times, our

first responsibility is to care for our families and ourselves, to ensure that these needs are provided for. Then, however, we all share a greater social responsibility: to move beyond the personal and consider what we can do to help those less fortunate than we may be.

It's during times like these that your community needs your help. You have an opportunity to make a difference in someone's life either as a volunteer or a financial contributor.

In this guide, you'll find stories and reviews by people who've had firsthand experiences with local nonprofits, and who therefore can speak personally about the results.

By no means is this a complete list of nonprofits worthy of support in the Bay Area. This is simply a sample of nonprofits in our community. You can find a lot more great local nonprofits on our Web site: www. greatnonprofits.org.

How did we pick the nonprofits that are included in this guide? We started with GuideStar's list of most researched nonprofits, and then put the word out—through local associations, funders, and support organizations. Nonprofits that were able to get three or more reviews with an average rating of four or more stars were included in this list. Our Stanford interns wrote up short editorial summaries that are included in this guide.

In the process, we discovered that there are many, many donors and volunteers who want to know if their giving is going to make a difference. We invite you to discover what a difference your involvement in a nonprofit can make.

Sincerely,
Perla Ni and David Weir
Editors

Thanks to...

To all the nonprofits whose stories we have been privileged to help make visible to the larger public, thank you. Thank you for inspiring us and making the Bay Area such a wonderful community. We couldn't have produced this without the financial and moral support of the Gerbode, Morgan Family, and Sand Hill foundations. CEN, THRIVE, United Way, Silicon Valley Community Foundation, Craigslist Foundation, San Francisco Foundation, AFP, Volunteer Center

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Shari Ilsen headed up our marketing and outreach with our Stanford outreach managers Allison Bayani, Sarah Johnson, Erin Kim, Caroline Kusin, Lisa Ruskin, and Kathleen Ryou. Our Stanford students also wrote up the short descriptions of each of the nonprofits. Design and

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Organizations by Name

How Do I Use This Guide?

Organizations are grouped by topic in this guide. Find the areas that interest you and you'll see listed nonprofits that focus on that issue. You can use the index at the back to look up nonprofits alphabetically by name or by geography.

Each listing contains an organization's contact information, description, and a selected review of that nonprofit by someone who has had direct experience with it—a client, a volunteer, or a board member.

You can read more reviews and get further information on our Web site: www.greatnonprofits.org

What Is GreatNonprofits?

GreatNonprofits is a place to find, review, and talk about great—and perhaps not so great—nonprofits.

If you have direct experience with a nonprofit, share your knowledge and help other people discover trustworthy organizations that are making a difference.

If your nonprofit wasn't included in this year's guide, we encourage you to participate in the next one by getting reviews on to our site. It's quick, easy, and free.

Contact us at: support@greatnonprofits. org

Printed on recycled paper using soy-based inks.

community building



\$50 could:

send staff to grassroots conferences to get the word out about TechSoup's services.

Web site:

techsoup.org

\$50 could:

sponsor two entrepreneurs in the developing world.

In 2 hours:

travel to the country of one of Kiva's partner microfinance institutions.

Web site:

kiva.org

\$50 could:

provide leadership training for five prospective event managers.

In 2 hours:

serve food to the homeless, socialize with veterans at a VA hospital, or bartend at San Francisco's Oktoberfest.

Web site:

onebrick.org

TechSoup

TechSoup provides hardware, software, and know-how for nonprofits. Serving about 400,000 unique monthly users in more than 190 countries, TechSoup provides a dizzying array of free or discounted software, community forums and webinars, and much more.

435 Brannan St., Ste. 100, San Francisco, CA 94107

"Tech Soup, and especially TechSoup stock, has been a godsend to our organization. When I was first hired to operate a community computer lab, all the computers had pirated software and ancient versions of the legitimate software. Through TechSoup stock we were able to update our lab affordably and teach our students work skills!"

Kiva

As the world's first person-to-person microlending Web site, Kiva allows individuals to lend directly to entrepreneurs in the developing world. You can follow what happens with your money and join a community of other socially minded lenders.

3180 18th St., Ste. 201, San Francisco, CA 94110

"Kiva is always keeping me updated on the latest projects being funded and how the businesses I have loaned to are doing. It is very rewarding to hear the stories that come from families who benefit from the loans."

One Brick

One Brick makes volunteering easy. Its events are as short as two hours and as varied as sorting cans at a food bank or face painting at youth events. Just log on to their Web site, find something that appeals to you on their events calendar, sign up, and go! One Brick is also about creating a community and establishing a social network, so expect to find participants at happy hours and kayak trips around the bay when they're not busy helping local nonprofits.

1629 Lake St., San Francisco, CA 94121

"Hello, I am a volunteering junkie, and One Brick is one of my enablers. The variety of events are great and since the events are so short and flexible, it completely fits the motto "Volunteering Made Easy." Even if something comes up and I can't make the event, there is no big guilt trip involved. My first event was a canned goods sort at a Bay Area Food Bank. It was chaotically fun with all the volunteers running around sorting the cans on to different tables, and before I knew it, it was cleanup time!"

Taproot Foundation

Taproot provides millions of dollars worth of marketing, human relations, Internet technology, and strategy management services for nonprofits. They place teams of skilled professionals nationwide in six-month pro bono projects. A single Taproot volunteer contributes the equivalent of \$8,000 to a nonprofit in services, and sometimes stays on in the nonprofit world.

466 Geary St., Ste. 200, San Francisco, CA 94102

"The Taproot Foundation has one of the best business models I have ever seen in a nonprofit. Taproot has an extremely well-organized structure to deliver marketing support services to other nonprofits. The staff is top-notch, the volunteer tools are superb and professional, and the impact of the organization's work is significant."

HandsOn Bay Area

Socially conscious individuals can navigate HandsOn Bay Area's project calendar by attribute (close to public transportation, good for families, etc.), impact area (community enrichment, health and wellness, etc.), or location to find an event that fits their needs and interests.

444 Townsend St., Ste. 3, San Francisco, CA 94107

"Very well-run organization with a professional, responsive staff and cadre of volunteer project and team leaders. Through this organization that offers "done-in-a-day" volunteer opportunities, I have volunteered at and served as a project leader for more than two dozen nonprofit organizations across the Bay Area. Believe me, it is easy to become hooked!"

Hayes Valley Neighborhood PARKS Group

The Hayes Valley Neighborhood PARKS Group, located in San Francisco's Western Addition, works with at-risk, poverty level, culturally diverse youth. Through community efforts the HVNPG has reclaimed four major parks in the area and uses these spaces to serve youth, helping them to combat obesity through outdoor recreation and exercise, and keeping them off the streets by teaching responsibility through stewardship and green jobs training. In addition, HVNPG partners with local institutions running school programs, cooking classes, and community art projects, such as the Western Addition Peace Wall constructed around Daniel Koshland Community Park.

300 Page St., San Francisco, CA 94102

"Our children are finding purpose in their lives by nurturing seedlings and gardens. The gardens that the residents maintain as volunteers fill them with pride. All residents, young and old, are finding common ground and ownership in taking back our neighborhood from years of neglect."

\$50 could:

\$50 of Taproot's volunteer resources translates to \$400 in benefits to a nonprofit.

In 2 hours:

register online to volunteer your professional skills and expertise with a nonprofit client.

Web site:

taprootfoundation.org

In 2 hours:

help restore wetlands in the San Francisco Bay, prepare and deliver meals for homebound individuals, or paint a cafeteria at a local school.

Web site:

hoba.org

\$50 could:

allow one child five weeks of cooking classes, or buy bus passes for 100 kids to attend a community event.

In 2 hours:

work in the garden, video interview an event participant, or bake some cookies for an event.

Web site:

hvnparks.com and koshlandgarden.blogspot. com

\$50 could:

upload one book for
Benetech's online library
that would then be
available to more than
25,000 print-disabled
people—giving the gift of
reading to those who can't
just go to the bookstore.

In 2 hours:

help write grants and business plans, translate documents, or proofread online books.

Web site:

benetech.org

\$50 could:

support all the causes you care about, or any of our 200 projects.

In 2 hours:

there are plenty of opportunities to volunteer, but they are unique and specific to each project.

Web site:

tidescenter.org

\$50 could:

cover the cost of one mediation.

In 2 hours:

respond to calls, help facilitate a meeting, or co-mediate a dispute.

Web site:

pcrcweb.org

Benetech

Benetech is Silicon Valley's only deliberately nonprofit technology company, having set out to use technology to make social change.

Benetech's projects include Bookshare.org, the world's largest accessible digital library for people with reading and vision disabilities, and Martus, an encrypted human rights reporting software tool that allows users to document incidents of abuse. Unlike paper records of abuse that are often destroyed, electronic records are preserved and protected, enabling prosecution of perpetrators and the discouragement of further abuses.

480 S. California Ave., Ste. 201, Palo Alto, CA 94306

"Under Jim Fruchterman's leadership, Bookshare.org has dramatically expanded the number of books and periodicals available to the blind. By significantly enhancing access to informational and recreational reading for all blind Americans, Bookshare.org has made an outstanding contribution toward achieving the full integration of the blind into society on the basis of equality, and the Dr. Jacob Bolotin Award recognizes this contribution."

Tides Center

As a leading sponsor for social innovation and direct service projects, the Tides Center provides finance/reporting, HR, and payroll expertise to relieve these burdens from nonprofit projects. Projects work to effect change in the areas of social justice, economic development, civic engagement, environmental sustainability, environmental justice, human rights, community development, international affairs, and nonprofit capacity building. Varying in size from a single dedicated volunteer to a staff of hundreds, Tides Center projects are located all over the nation.

P.O. Box 29907, The Presidio, San Francisco, CA 94129

"Tides continues to make our jobs easier and more enjoyable by handling the crucial administrative and financial needs of our work. Thanks for always being so supportive and friendly."

Peninsula Conflict Resolution Center

Promoting communication and collaboration as a neutral third party, the Peninsula Conflict Resolution Center works to foster positive relationships and mutually acceptable agreements in San Mateo County. PCRC's services include trainings, facilitation, community building, and mediation. It works in a variety of arenas, including schools, families, and the workplace.

1660 S. Amphlett Blvd., Ste. 219, San Mateo, CA 94402

"Because I came to PCRC after a serious depressive episode in my life, I appreciated the friendly approach they exhibited in training me and I found that helping other people really does bring more benefits to me than it does to the person I have helped. These all sound like clichés, but they are true."

education



San Francisco School Volunteers

San Francisco School Volunteers gives people a chance to engage with the educational system and supports teachers by providing volunteers when they could use an extra hand. They build communities around these schools so that volunteers feel invested and school staff and administrators feel supported as they all work toward a common goal: increasing student performance.

727 Golden Gate Ave., San Francisco, CA 94102

"My experience with SFSV was terrific. My volunteer coordinator paid careful attention to the information I provided and then found a placement that was exactly what, where, and with the kind of students I had hoped."

Mission Learning Center

San Francisco's Mission District has only one organization that provides free literacy instruction to low-income children who have fallen behind their grade level: Mission Learning Center. After only seven months of instruction by Mission Learning Center, children on average advance two grade levels or more in literacy. One former student from 25+ years ago is now a liaison for Mayor Newsom's office.

474 Valencia St., Ste. 210, San Francisco, CA 94103

"What I've enjoyed the most about my experience with this nonprofit is knowing I am involved with an organization that makes a difference in the future of so many children and their families."

Reading Partners

There are typically 20 or 30 students in a traditional classroom setting. To balance this out, Reading Partners provides kids consistent one-on-one tutoring with a structured curriculum. Reading Partners complements the traditional classroom environment so that students behind in their reading gain on average an entire grade level after only 30 hours of tutoring.

Sobrato Center for Nonprofits, 528 Valley Way, Milpitas, CA 95035

"One girl told me she loved Fridays because that was the day we read together. This made my heart sing! And that is why Reading Partners not only helps the child, but also the school and all of society as we help children succeed."

In 2 hours:

help with playground build day (murals, gardening), or give a career talk to middle school kids who SFSV hopes to encourage to attend college.

Web site:

sfsv.org

\$50 could:

provide a day's quality literacy instruction for 2.5 low-income children.

Web site:

mlcsf.org

\$50 could:

cover the cost of one curriculum packet that includes three high-quality children's books and detailed lesson plans.

In 2 hours:

provide one tutoring session.

Web site:

readingpartners.org

\$50 could:

buy two chairs for the writing lab, so students can have a space to work.

In 2 hours:

help a student with homework, staff an 826 event, or copyedit a student publication.

Web site:

826valencia.org

\$50 could:

pay for one-third of the cost of putting a child through their programs.

Web site:

partnersinschools.org

In 2 hours:

put together 60 "electricity kits." Each one includes lightbulbs, batteries, switches, and wires and will serve 20 kids.

Web site:

raft.net

\$50 could:

buy five school uniforms for children in Tanzania and Kenya.

In 2 hours:

host an event or write thank-you notes for Asante.

826 Valencia

As a writing center for youth, 826 Valencia helps Bay Area youth ages 6 to 18 hone their writing skills with free workshops and field trips.

They celebrate these achievements by publishing outstanding student work. They also have an ELL program that helps students transitioning to English, and scholarship contests for those who are college-bound.

826 Valencia St., San Francisco, CA 94110

"There is something so exciting about actually seeing someone learn right before your eyes. It really shows how smart they are and how much they are excited about learning. Getting thanked during the graduation ceremony by several of the students almost made me cry—it really shows how appreciative they are."

Partners in School Innovation

Partners in School Innovation works directly with public elementary schools in low-income Bay Area communities to improve the quality of education for students of color. They work with all levels of school administration to ensure that individual teachers, principals, and district leaders are all on the same page. They currently serve more than 10,000 students in three major urban Bay Area districts: Oakland, San Francisco, and San Jose.

1060 Tennessee St., 2nd Fl., San Francisco, CA 94107

"Partners employees have worked with our school and were passionate about seeing our children achieve. They went above and beyond their job. I was able to bring much more to my curriculum with their ideas and help."

RAFT (Resource Area for Teaching)

Housed in an enormous warehouse crammed wall to wall with art supplies, prepackaged science kits, and all kinds of other puzzles and gadgets, RAFT helps teachers from Silicon Valley, Sacramento, and all areas in between to gather supplies to create more vibrant activities in the classroom.

1355 Ridder Park Dr., San Jose, CA 95131

"I love RAFT, and go there at least twice a month (even though it's at least a 6o-mile drive for me). The workshops I have taken over the past six years have made me a much better teacher. I have a wide collection of hands-on activities and lessons to bring to my students on a wide range of subjects and levels. I recommend going to RAFT to all of my teaching acquaintances."

Asante Africa

Asante Africa, a volunteer-run organization, works to improve the quality of education in East Africa by forming partnerships with villages and working with local leaders to create change. Asante's activities include building nursery schools, dormitories, toilets, and additional classrooms for existing schools. It also supports community development with bookkeeping and money management classes so schools can sustain themselves.

1334 Carlton Pl., Livermore, CA 94550

"Partnership, sustainability, grassroots initiatives, and true respect for the wishes of the African communities and schools with which we work are essential—and that is exactly the foundation of the Asante Africa strategy. Another reason that Asante is such a wonderful organization is that we actually have fun doing the work that we do, yet we are serious about helping as many children and schools as we can."

Peninsula Bridge

Peninsula Bridge runs summer programs at private schools in San Mateo County for low-income middle school students in public school. The five-week summer curriculum is not remedial, but meant to equip students with the fundamentals of the English and math courses they will be taking during the next school year.

P.O. Box 963, Menlo Park, CA 94026

"[My daughter] got the opportunity to explore more areas than what we can provide to her at home. This summer, she was exposed to the subject of psychology for the first time and was so excited about it. I think she may have found another subject she really loves besides mathematics. Also new this summer was a parent education seminar that I thought was truly helpful."

Springboard Schools

Springboard Schools works to close the achievement gap and raise student achievement across California. By conducting research and providing training and coaching to education leaders, they work to create a strong system of schools. In the 2007–08 school year, Springboard partnered with more than 40 districts, impacting approximately 750,000 students.

181 Fremont St., 2nd Fl., San Francisco, CA 94105

"[This process has] strengthened my ability as an instructional leader. It has given me the skills I need and shown me the things I needed to do as a leader, which I didn't have before."

Bring Me a Book Foundation

The Bring Me a Book Foundation provides high-quality books to schools, hospitals, and community centers at 1,400 sites in California, 14 states, and seven countries. Their First Teachers Program helps parents to incorporate daily reading into their interactions with their children.

1045 Terra Bella Ave., Mountain View, CA 94043

"Bring Me a Book does an excellent job of bringing new books to schools and organizations that would otherwise do without. From my first visit I was impressed with the organization. The variety of books and methods they use to get children enthused about books and learning is second to none."

Web site:

asanteafrica.org

\$50 could:

buy school supplies for one student.

In 2 hours:

be a classroom aide or after-school tutor, help with field trips, or give a lecture about college or your career.

Web site:

peninsulabridge.org

Web site:

springboardschools.org

\$50 could:

buy five books to be put in a bookcase library and sent to a school with few books.

In 2 hours:

put protective coverings on stacks of books so they'll be ready to face any kindergartner.

Web site:

bringmeabook.org

\$50 could:

buy 15 books (supports one child per semester).

In 2 hours:

help set up a book drive at a school or church.

Web site:

readingtree.org

\$50 could:

sponsor a child from a lowincome family for one day of the weeklong program.

In 2 hours:

help assist with the development of the inschool programs.

Web site:

mosaicproject.org

\$125 could:

help fund one classroom workshop for 36 students or 12 after-school workshops for three students.

Web site:

schmahlscience.org

\$50 could:

pay for enough fish food for their aquaria for a month.

In 2 hours:

help maintain the aquarium and learn the ins and outs of saltwater aquarium maintenance.

Web site:

sfbaymsi.org

The Reading Tree

The Reading Tree collects and redistributes books to low-income families, encouraging parents to share books with their children before they start school. The program mainly targets the Latino community by helping native Spanish-speaking families feel confident and increase their own literacy.

368 Connecticut St., San Francisco, CA 94107

"I first got to know the Reading Tree as a new parent who wanted to raise bilingual children. I then became a Reading Tree instructor and later a board member. As a former San Francisco Mission District bilingual teacher, I am thrilled that the Reading Tree is developing literacy with families even before they get to preschool!"

Mosaic Project

The Mosaic Project reaches out to elementary school children before prejudices can become entrenched in the minds and behavior of our youth. Three classes from schools differing in socioeconomic, racial, and ethnic makeup come together in the Mosaic Project's weeklong outdoor school program.

580 Grand Ave., Ste. 303, Oakland, CA 94610

"[My fourth-grade students] seemed to have really taken in lessons from games and activities they did on topics like prejudice and stereotyping, conflict resolution, assertiveness, and what it means to be an ally. Not only did the students have a great time, it seems to have made a significant impact on the atmosphere at our school."

A Schmahl Science Workshop

A Schmahl Science Workshop makes science fun. They provide hands-on science activities for kids in an engaging, free-form environment. In the 2007–08 academic year they served 20,000 pre-K to 12th-grade students.

171 Branham Ln., Ste. 10-223, San Jose, CA 95136

"The projects have always been challenging and far superior to a school project. They have built solar-powered vehicles, tested for E. coli in everyday food products, built a baseball batting machine, and even built a biodiesel go-kart! The teaching is totally hands-on and they retain what they have learned! "

Marine Science Institute

The institute provides marine science education programs that place students of all ages in direct contact with the natural environment.

They emphasize the interdependence of all living things, their connection to the physical environment, and the responsibilities of

500 Discovery Pkwy., Redwood City, CA 94063

humans to the environment.

"The science the kids are learning is so sophisticated that I'm learning all sorts of things, like how the bay has changed over time. At the same time, this is not a school—it's another fun day."

children and youth



Camp Kesem

Kids whose parents have cancer need peers who understand what they're going through. Camp Kesem provides this woefully underserved population with a camp experience and plenty of emotional support. It is run by college students who go through a competitive process to volunteer at the camp.

P.O. Box 1113, Lafayette, CA 90404

"Camp Kesem is magic, that's all there is to it. The weeks I spend there are so precious to me I look back on them and seriously tear up. Look into this camp, get information from alumni, and it becomes clear how everyone feels the same way: It's a life-changing experience."

Youth Enrichment Strategies

Every year, Youth Enrichment Strategies sends nearly 3,000 children (ages 8 to 16) to weeklong summer camps at little or no cost. Children get to experience nature, breathe fresh air, and form friendships and develop social skills.

2811 MacDonald Ave., Richmond, CA 94804

"Some of the programs that have nurturing environments are out of our reach due to our financial situations and leave us feeling a little less worthy as parents. The YES organization found financial assistance for the camping trip fee and was instrumental in giving me the security I needed to be able to entrust my child to someone else for a week. These children came back with new memories, improved social skills, and most important, tools that will allow them to become better adults."

Bay Area Partnership for Children and Youth

Bay Area Partnership for Children and Youth helps struggling schools in low-income communities successfully access public funding for critical support programs for students and their families.

1611 Telegraph Ave., Ste. 404, Oakland, CA 94612

"I have worked with the Bay Area Partnership for more than six years in a variety of capacities. During that time, I have seen them leverage limited amounts of financial resources to assist school districts and nonprofits serving low-income communities to raise more than \$60 million in sustainable after-school program funding. The organization pulls out all the stops to create high-impact, high-quality programs serving children, youth, and families."

\$50 could:

buy art or sports supplies for an entire camp for one week.

In 2 hours:

occasionally one can volunteer time and expertise on the national level.

Web site:

campkesem.org

\$50 could:

outfit a child for summer camp with his or her own sleeping bag, backpack, water bottle, sunscreen, and water sandals.

Web site:

yesfamilies.org

\$50 could:

support an after-school worker's participation in a professional development program.

Web site:

bayareapartnership.org

\$50 could:

provide two personally requested holiday gifts for low-income children.

In 2 hours:

sort gifts by what children requested and wrap them for distribution.

Web site:

familygivingtree.org

\$50 could:

dress one homeless child from head to toe for the first day of school.

In 2 hours:

pack up clothing bags for distribution to children in homeless shelters.

Web site:

mynewredshoes.org

\$50 could:

provide 50 Job Readiness workbooks for students attending the job readiness workshops.

In 2 hours:

help a youth write and design their résumé.

Web site:

ehss.org

Family Giving Tree

Family Giving Tree works with hundreds of local agencies in nine Bay Area counties to serve the needlest families. With 63,000 holiday wishes granted in 2007, it is one of the largest personalized gift giving charities in California. To keep the giving spirit going all year long, Family Giving Tree also sponsors a large back-to-school drive that provides kids with brand-new backpacks stuffed with school supplies. 606 Valley Way, Milpitas, CA 95035

"It is so easy to write a check and continue on with your day, but the Family Giving Tree gives us the opportunity to get involved directly with the lives we touch and see the end result of our efforts. FGT has a fantastic team of people who I consider it a honor to work with twice a year."

My New Red Shoes

My New Red Shoes inspires confidence in homeless children on the Peninsula by giving them brand-new clothing for their first day of school. The organization outfitted 1,525 children from San Francisco to San Jose for the first day of school in 2008. My New Red Shoes also runs Kids Helping Kids, an educational program teaching kids about homelessness and how it affects their peers.

555 Airport Blvd. 5th Fl., Burlingame, CA 94010

"I work for a large Bay Area nonprofit on the Peninsula, and our organization serves families at risk for abuse and neglect. We often have clients with young children who are homeless, so gathering the resources to purchase clothing for school is sometimes a very daunting task. My New Red Shoes fills the gap in our community by providing the opportunity for these children to feel confident and proud when they walk through the doors on the first day of school. Our experiences with the organization, both this year and last, have been wonderful!"

Enterprise for High School Students

Enterprise for High School Students is one of the only "labor exchange" youth employment models in the area. Labor exchange is a non-case management model that provides service and programs to more youth across all demographics than do traditional service models. EHSS offers the largest unsubsidized youth employment job bank in the city, and their college and career counseling workshops are available for any high school youth in San Francisco.

200 Pine St., Ste. 600, San Francisco, CA 94104

"I joined during my sophomore year of high school, and got my first job as a mailing assistant soon after. I also was an intern for their Career Exploration Program, which was one of the most beneficial experiences of my life. The internship allowed me to build skills that other 17-year-olds can't obtain at that age from any other experience. For example, I became familiar with QuickBooks and reconciled bank statements. Where else can I learn these skills as a 17-year-old?"

Jamestown Community Center

By providing a core group of neighborhood youth with multiple, highimpact after-school and summer programs year after year, Jamestown Community Center fosters deep relationships with nearly 500 kids ages 6 to 18 in the Mission District. They provide educational tutoring, academic enrichment, and sports activities.

3382 26th St., San Francisco, CA 94110

"I have been a volunteer for more than 20 years, from the time Jamestown had one half-time staff serving 15 local kids off the street. It has since grown into an organization serving hundreds of youth in the Mission District without losing its grassroots- and neighborhood-based focus. I have seen elementary school kids grow into responsible high school teens and then into young adults with an education and a future because of Jamestown's work."

Aim High

Aim High provides a five-week summer program for low-income middle school students. This includes academic classes, physical activities, cultural events, advising, and college awareness—all with an 8-to-1 ratio of staff to students. Its 11 summer campuses serve more than 1,000 students every year.

P.O. Box 410715, San Francisco, CA 94141

"All four of my children attended Aim High. The summer program helped raise their confidence level and self-esteem, allowing them to express themselves without trepidation. They excelled academically: Each summer the program prepared them for the following school year. They learned how to become aware of their community, ask questions, and be compassionate toward others. They never wanted it to end! They talk about it all the time and look forward to returning as TAS."

Square Peg Foundation

The Square Peg Foundation conducts horsemanship programs for children facing life difficulties such as learning disabilities and homelessness. Using a variety of rescued and donated horses, Square Peg offers an adaptive program based on the needs and abilities of each student, helping them find their personal success.

PMB 402, 80 Cabrillo Hwy. N., Ste. Q, Half Moon Bay, CA 94019 "Although we love the horses, the real reason we continue is the positive attitude and nurturing environment offered at Square Peg. Director Joell Dunlap is calm, friendly, positive, unflappable, careful, responsible, fun, and extremely knowledgeable. She teaches much more than just the riding, including horse care and nutrition. The students tack the horses before and after the lesson (including brushing and hoof care), help with feeding, etc. The lesson is designed to be 1.5 hours long (but frequently goes longer—the kids don't want to leave). Square Peg has room for everyone—kids with special needs, homeschooled kids, parents, and whoever needs a chance to realize their own strengths and build confidence."

\$50 could:

give one week of snacks for an after-school class, or cover half the cost of sending a person on a three-day camping trip.

In 2 hours:

help run practices or coach games for sports that compete in citywide leagues.

Web site:

jamestownsf.org

\$50 could:

buy rocket-building materials for the physics unit of a ninth-grade science class.

In 2 hours:

coach a student on interview skills and résumé building in preparation for applying to high schools, summer programs, or internships.

Web site:

aimhigh.org

\$50 could:

sponsor a child for a onehour private session with one of their instructors, or cover the health, feeding, and retraining of one of their rescue horses for one day.

In 2 hours:

help a child with his or her horsemanship lesson, help with barn chores such as grooming or walking a horse in training, or edit or contribute to their popular newsletter or blog.

Web site:

everyonefits.org

\$50 could:

fund nearly the entire cost for an individual to take the GED test and receive an equivalency diploma.

In 2 hours:

provide tutoring and academic support.

Web site:

newdoor.org

\$50 could:

buy a new tennis racket, USTA membership and tournament fees, a college prep guide, or a tournament uniform.

In 2 hours:

help teach kids the perfect forehand or how to perfect their English composition.

Web site:

youthtennis.org

\$50 could:

send a student to an ethnic studies conference.

In 2 hours:

volunteer at the ethnic studies conference, or sit in on a campaign planning meeting.

Web site:

youthtogether.net

\$50 could:

allow a special needs student a free private lesson with an instructor.

In 2 hours:

volunteer in their Big Top Coffee and Snack Shop.

Web site:

acrosports.org

New Door Ventures

New Door Ventures prepares at-risk youth in San Francisco's Mission District for employment and for life. This faith-based organization provides hands-on training through two social enterprises, job workshops, and internships in the community. More than 80 percent of youth who finish the employment program are working and/or are in school within a year of finishing.

3075 21st St., San Francisco, CA 94110

"The staff of New Door is fully committed to creating a safe space for kids to be kids, but also to have the tools to be successful adults in this society."

Youth Tennis Advantage

Youth Tennis Advantage's tennis instruction and activities are the backdrop for its other youth development activities, including college pathway workshops, field trips, and academic enrichment. By requiring that its participants, who come from low-income San Francisco and Oakland families, engage in the academic programs as well as its athletic ones, YTA ensures that success on the court translates to success in life.

610 16th St., Ste. 322, Oakland, CA 94612

"Before [my daughter] was a part of YTA she would do weekend activities with her friends and other relatives, and now she does activities with me. And also it helps her with socialization and being with other kids. It also definitely helps in terms of being outside, being active. We like that she's learning a sport and getting skills. It's definitely built her confidence."

Youth Together

Youth Together was founded by a coalition of community leaders concerned by the growing interracial violence in schools. By focusing on multiracial solutions as opposed to the many race-specific programs that exist, they hope to help young people build relationships across racial and city boundaries. To date, they have multiservice youth centers on three different campuses.

1611 Telegraph Ave., Ste. 203, Oakland, CA 94612

"YT gave me the tools needed to take leadership within my life and in my community. I have learned that if I see something wrong around me I have the tools to change it."

AcroSports

AcroSports has been teaching circus and performing arts to youth for 15 years. They offer free or subsidized classes to youth to give them safe, healthy, and exciting alternatives to keep them off the streets.

639 Frederick St., San Francisco, CA 94117

"My 10-year-old son has never been so enthusiastic about any other summer camp he has been enrolled in. My son usually loathes school performances and gets very nervous before his piano recitals, so I knew this camp was worth every penny spent when my tween said to me, 'Mom, I wasn't embarrassed at all.'"

Summer Search

Summer Search reaches out to low-income youth through a comprehensive mentorship program that lasts throughout high school. Students are paired with professional mentors for weekly calls, and they go on summer exploration trips to expose them to new experiences and foster independence. On average, only 33 percent of disadvantaged youth go to college, but 98 percent of Summer Searchers go on to attend universities.

620 Davis St., San Francisco, CA 94111

"I immigrated to Boston from Cape Verde in 1996 when I was 12. In Boston, I was the mother to my little brother, and the woman of the house. I never had time for myself and felt like I had no family or support. That's when SS stepped into my life and saved me! Summer Search is the family I did not have in this country."

Friends for Youth

Friends for Youth connects kids with positive adult role models and mentors. Through these friendships, the kids get a chance to do things that they've never done before—go to ballgames, try ice skating, or have a movie night—with an adult who is there to simply listen and be supportive.

1741 Broadway St., 1st Fl., Redwood City, CA 94063

"Friends for Youth helped me discover the true meaning of mentoring. By being a mentor for more than three years to an atrisk boy, I was not only able to give back to the community in an enormously rewarding way, but I also learned a lot about myself."

Larkin Street Youth Services

Larkin Street Youth Services is a well-known model for helping homeless youth. At LSYS they offer not only housing but also medical care, educational and GED programs, and job training, readiness, and placement. Their outreach teams are on the streets at night talking to the youth to make sure that they're aware of the help that LSYS offers. 701 Sutter St., Ste. 2, San Francisco, CA 94109

"I've helped prepare and serve meals and helped with events and fundraising to support Larkin Street's great work. Whatever my activity may be, I know that it's helping Larkin Street equip some of our most vulnerable young people with the spectrum of services they need to have positive options and a fair chance in life."

Novato Youth Center

The Novato Youth Center is a center providing on-and off-site programming for the youth of Novato and 16 surrounding cities. NYC is not only the largest licensed child care center in Marin (with 234 available slots for infants through eighth grade), but it also supports 3,600 youth and families annually with tutoring, sports leagues, and family counseling. The new Novato Wellness Center is expanding this programming to include reproductive health and mental health services to teens, a dental clinic, and substance abuse counseling. 680 Wilson Ave., Novato, CA 94947

\$50 could:

buy two or three pairs of hiking boots for students to go on summer programs.

Web site:

summersearch.org

\$50 could:

help fund a community activity for children, like a trip to the boardwalk.

In 2 hours:

help with big events like the golf tournament, or by mentoring.

Web site:

friendsforyouth.org

\$50 could:

provide one homeless kid with a warm bed and meal for a night.

In 2 hours:

serve and cook a meal, give kids on the street a "survival kit" with toothbrush and soap, or run a tutoring session.

Web site:

larkinstreetyouth.org

\$50 could:

send a teenage girl on a ropes course field trip.

In 2 hours:

help the chef, who prepares up to 200 snacks and lunches daily, or engage the children by reading out loud to them.

Web site:

novatoyouthcenter.org

\$50 could:

print and distribute 50 child identification kits or 33 safety coloring books for children.

Web site:

vca.org

In 2 hours:

students can volunteer by joining the YCS club at their school or by attending the Summer of Service Camp.

Web site:

youthcommunityservice.
org

\$50 could:

buy 100 pairs of socks to give to all downtown clients in one week.

In 2 hours:

make 150 candy packs they can give to kids on the street, or free up staff to give more time to clients.

Web site:

atthecrossroads.org

"NYC is a safe, fun after-school environment for my sons. I especially appreciate the time the children devote to homework. My children usually finish their homework before they come home. NYC has a variety of activities, including a large gym for kids that like sports and a large game room. Although this is a large facility, they do a good job of segregating children into different age groups."

Vanished Children's Alliance

Provides abduction prevention education; services targeting the families of missing and abducted children such as photo dissemination services through posters, fax broadcasts, and vending outreach stickers targeting the general public; and missing child location and recovery services. Since its inception, VCA has assisted in the location, recovery, reunification, and reintegration of more than 35,000 children.

991 W. Hedding St., Ste. 101, San Jose, CA 95126

"I've seen the results of this organization in the children who have been located because of VCA, in the faces of families who never gave up hope, in a person's face when they have learned the power of prevention, and in the faces of the donors who see their money working for a tangible goal."

Youth Community Service

Youth Community Service brings teens and preteens from diverse communities together in volunteer service and learning projects. Every year YCS and its youth serve 30 local nonprofits.

3800 Middlefield Rd., Palo Alto, CA 94303

"I thought helping the homeless was going to be smelly and gross. When I first got to the shelter I started out by feeding the homeless, and seeing all the people come to get their food was so amazing. The line kept going and going, and I kept serving and serving. I thought, what if people did not volunteer? These hundreds of people would be out on the streets having nothing to eat. YCS was definitely not a chore; it was an organization to make you feel good. And that is exactly what it did for me."

At the Crossroads

At the Crossroads fills the often overlooked but critical niche of reaching out to homeless young people that have not responded to traditional services and support. ATC canvasses streets to reach homeless young people and establishes enduring relationships grounded in nonjudgmental support.

333 Valencia St., Ste. 320, San Francisco, CA 94103

"I think it was only when I left ATC that I really appreciated how the ideas of nonjudgementalism and support extend not just to its clients but to its volunteers and staff members as well. We were empowered to join ATC in ways that were good fits for us, were given the skills we needed to adjust, and the power to express and address challenges we faced."

arts and culture



Community School of Music and Arts

The Community School of Music and Arts provides arts education to almost 40,000 students in Silicon Valley, both on-site at their new facility in Mountain View and off-site in more than 25 area schools. In addition to offering professionally taught lessons in piano, violin, and many other instruments, CSMA is on the cutting edge of music technology with a complete program in new media. They also adhere to an all-inclusive, arts-for-all philosophy by offering scholarships for students in need and targeted outreach initiatives in low-income schools.

230 San Antonio Cir., Mountain View, CA 94040

"I just know that during my experience with CSMA, I grew so much as a musician and learned about both music and also the process of effectively teaching music. I attribute a great deal of any growth and success I've had as a performing musician to having CSMA in my life, where I was truly encouraged to keep playing music and I was surrounded by positivity."

Mariposa's Art

Mariposa's Art offers elementary through high school students the opportunity to paint murals, craft masks, learn guitar, and explore the dance traditions of cultures worldwide. In addition to exposing students to means of creative expression, Mariposa's Art strongly emphasizes leadership and personal skills. The staff incorporates lessons on body image and community building into their programs, helping students to confidently express themselves both on the canvas and in their daily lives.

P.O. Box 2784, Santa Cruz, CA 95063

"Mariposa's instructors are very positive, high energy, and patient, even when faced with challenging behavior from at-risk youth. They are talented teachers and artists who strive to broaden horizons of their students through a creative exploration. The range of activities they offer are wide, ever changing, and high quality."

Magic Theatre

Magic Theatre specializes in intimate, contemporary shows falling outside traditional theatrical boundaries. The theater extends their mission to the community through the Young California Writer's Project, a program that places Magic Theatre playwrights in public high school classrooms for a 10-week playwriting, mentoring, and theater program.

\$50 could:

help provide a financial aid scholarship to a lowincome music or arts student.

Web site:

arts4all.org

\$50 could:

buy mask-making supplies for two classes.

In 2 hours:

prepare supplies for 75 students.

Web site:

mariposasart.org

\$50 could:

help support the production of new shows from emerging playwrights.

Web site:

magictheatre.org

\$50 could:

help subsidize the theater for a nonprofit to use.

In 2 hours:

help set up and break down the theater for a performance.

Web site:

lapena.org

\$50 could:

fund one weekly in-class session of the Poetry Inside Out creative writing program.

In 2 hours:

staff a literary reading by helping to set up, distribute materials, greet people, and clean up.

Web site:

catranslation.org

\$50 could:

provide art materials and supplies for 20 students in a six-week youth education program

In 2 hours:

help with an event, prepare gallery space, or teach a workshop for kids.

Web site:

rootdivision.org

Fort Mason Center, San Francisco, CA 94123

"I love the idea of seeing something new—a play that no one has seen before and yet just might become one of the greats of American theater. I also love the intimacy of the Magic—small theaters so we feel close to the action on stage, and the opportunities that subscribers have to attend special events about new plays, such as after-play talks on Fridays."

La Pena Cultural Center

La Pena opened its doors in 1975 as an activist organization dedicated to using the arts as a tool for mobilizing people to work for social justice, peace, and cultural understanding. The center houses more than 200 events annually, including arts education programs, local artist showcases, and concerts with renowned musicians.

3105 Shattuck Ave., Berkeley, CA 94705

"Music, dance, poetry, film, theater, community organizing, a celebration, a memorial, an exhibit, hip-hop, jazz—you name it, La Pena's got it, with the added benefit of knowing that you're supporting an organization that truly cares about the planet and its inhabitants."

The Center for the Art of Translation

The Center for the Art of Translation aims to foster intercultural understanding through making literature more cross-culturally available. With a focus on publishing, education, and community outreach, CAT works to translate international literature into English, bring authors from around the globe to give readings in the Bay Area, and help bilingual students become comfortable expressing themselves in different languages.

35 Stillman St., Ste. 201, San Francisco, CA 94107

"Bringing poetry and translation to bilingual classrooms, Poetry Inside Out instructors teach literary devices, creative thinking, and cultural understanding, instilling mature skills in the very young. The work these students produce with the PIO program often wins them national recognition and a ticket into highly regarded schools, and it always, without fail, lifts their self-esteem and helps them realize their potential."

Root Division

Root Division supports up-and-coming young artists by offering low-cost studio space in exchange for instruction—all artists teach classes to general community members or schoolchildren, running art classes or after-school programs. They also run many free public programs open to the general public, such as exhibitions and film festivals, which serve to bring the community together to celebrate local and resident artists.

3175 17th St., San Francisco, CA 94110

"I've learned a lot and met a lot of fellow artists. It's a really good organization that supports both the artists and the community—we teach youth and adults, and it's about including the community."

San Francisco Film Society

In order to bring the best world cinema to the Bay Area, the San Francisco Film Society hosts festivals such as the San Francisco International Film Festival, produces film publications such as SF360. org, facilitates social screenings at nightclubs as well as private member screenings, and hosts daily showings of international, independent, and documentary films. The society has launched a suite of filmmaker services to support local, independent filmmakers to get fiscal sponsorship, raise money, and network.

39 Mesa St., Ste. 110, San Francisco, CA 94129

"The San Francisco Film Society offers an abundance of opportunities for individuals interested in film. My favorite would have to be their film + club events held at Mezzanine. It is one of the coolest ways to view a film, and have fun in a social setting. It is priced well, too, at \$8 for members and \$12 for the public."

\$50 could:

be matched dollar for dollar in the Kanbar Challenge and lead to \$100 toward bringing the best of world cinema to the Bay Area.

In 2 hours:

help set up for a special event such as the SFFS Members Preview Night.

Web site:

sffs.org

Top 10 Ways to Give Without Costing You a Cent

- **1.** If you like to party ... invite your friends to a bar for a happy hour and ask the bar to donate 10 percent of bar proceeds.
- **2.** If your friends are tired of being the subject of your photos and videos ... most nonprofits need help with their marketing. You can offer to take pictures of them or help them make a five-minute promo video.
- **3.** If you were an English major ... proofread a nonprofit's annual report or marketing brochures.
- **4.** If you are proud of your interior decorating ... offer to host a nonprofit event at your home.
- **5.** If you speak a foreign language ... offer a one-hour lesson as a raffle item for a nonprofit's fundraising auction.

- **6.** If you want to see what life looks like from a young, fresh perspective ... sign up to be a mentor or child advocate.
- **7.** If you are Internet savvy ... nonprofits can use your help with online marketing. Add them to social networking sites, redesign their e-mail newsletter, or help them find a better off-the-shelf content management system.
- **8.** If you like to sweat ... raise money by walking/running/snowboarding/dancing at one of the charity events.
- **9.** If you like to try new restaurants ... look for "charity nights" at restaurants where proceeds of your meal go toward nonprofits.
- **10.** If you like hanging out with your friends ... invite a friend to volunteer with you.

social enterprise and employment

\$50 could:

cover one hour of oneon-one coaching plus planning time for that coach.

Web site:

springboardforward.org

\$50 could:

provide 100 meals to people in need.

In 2 hours:

help assemble food boxes for 50 low-income families with children.

Web site:

secondharvestfood.org

\$50 could:

buy kitchen utensils for training residents in food service.

In 2 hours:

teach a class to residents. **Web site:**

delanceystreetfoundation. org

Springboard Forward

Springboard Forward's approach combines career development for workers with a value proposition to businesses that it is profitable to invest in low-wage staff. Springboard Forward will serve 300 clients by the end of 2008—twice as many as they served last year—and was a finalist in the Social Venture Network's 2008 Innovation Awards.

1301 Shoreway Rd., Ste. 160, Belmont, CA 94002

"I'm impressed with their ability to focus on helping a whole system vs. just bandaging a problem. Their program is focused on helping those individuals at the poverty level better themselves and the companies they work for by offering a highly effective and replicable program. It has been my privilege to work with them and look forward to collaborating further."

Second Harvest Food Bank of Santa Clara and San Mateo Counties

Second Harvest is the only food bank in the nation that does not charge "per pound" maintenance fees to the more than 300 local nonprofit agencies that receive food from them. Instead, they raise nearly \$18 million annually through gifts and grants from individuals, corporations, foundations, and government agencies.

750 Curtner Ave., San Jose, CA 95125

"I help at one of Second Harvest's Produce Mobile sites in San Mateo County, where I had one elderly woman come up to me after getting her produce. She hugged me, looked deeply into my eyes, and said, 'God bless you.'"

Delancey Street

Delancey Street helps ex-convicts and substance abusers to transform their lives. At Delancey Street they function as a family—residents run all enterprises, and all resources are put back into the community to pay for food, housing, clothing, and education for every resident. Originally in San Francisco, Delancey Street has expanded to six locations across the country with 20 major enterprises.

600 Embarcadero St, San Francisco, CA 94107

"Before I got here I just existed, I wasn't really living. Delancey Street opened my eyes to a new way of life. They give you the chance to just be yourself. Now, instead of destroying lives, I help make them better. Instead of people running away from you, they run to you, and there's nothing in the world like that, to be trusted and taken at your word. I wouldn't trade that for anything."

Goodwill Industries of San Francisco, San Mateo, & Marin Counties

At Goodwill they save tons of usable clothing, shoes, books, and computers from the landfill and sell them at rock-bottom prices, making them accessible to those who might not otherwise be able to afford them. In addition, many Goodwill staff are employed through programs that teach marketable job skills. Many are substance abusers or convicted felons, and Goodwill represents the first step toward transforming their lives for the better. They currently employ 1,200 Bay Area residents through their programs.

1500 Mission St., San Francisco, CA 94103

"When I came to Goodwill in August 2007, I was on parole, homeless, and hardly involved with my two children. I was like a part-time father that wandered in and out of their lives. I did Goodwill's training program while working in the warehouse. Now my finances are in order, I'm off parole, and I can provide for my sons the right way. I can be a positive role model for them."

JobTrain

JobTrain believes that people need and want a hand up, not a handout. An educational institution, it offers everything from full-time vocational training to after-school classes, summer internships, GED preparation, ESL, and child care.

1200 O'Brien Dr., Menlo Park, CA 94025

"I used to feel hopeless, like I had messed up my life, and felt overwhelmed with trying to begin a new and improved life. I heard about JobTrain and as I began the process of enrolling and attended orientation, I felt welcomed and I began to see hope. I now have realistic dreams that I know I can achieve. I can work at my own pace and each day when I leave I feel more and more confident about myself, which is GREAT!"

Opportunity Junction

Opportunity Junction recognizes that low-income individuals may not have the Excel skills needed for an office job or the financial savvy to make the most of tax credits for education. Whether an individual wants to drop in to the technology center on evenings, find tax and asset-building assistance, or enter the job training and placement program, Opportunity Junction provides the skills and confidence necessary for individuals reaching for self-sufficiency.

3102 Delta Fair Blvd., Antioch, CA 94509

"Each time I attend a graduation ceremony at Opportunity Junction I am inspired once again by the human success stories they make possible—by the commitment of the staff to the students and by the quality of the personal and job-related skills that have been implanted in the students."

\$50 could:

provide two hours of oneon-one coaching and job training for someone who has never had a job before.

Web site:

sfgoodwill.org

\$50 could:

provide the tools and uniforms that students need in their training.

In 2 hours:

help with fundraising, be a tutor, or be an aide in the classroom.

Web site:

jobtrainworks.org

\$50 could:

underwrite a night of basic computer instruction for 20 working adults seeking higher-paid employment.

In 2 hours:

help a struggling evening student improve their English so they can prepare for a job interview.

Web site:

opportunityjunction.org

\$50 could:

buy one textbook and one uniform for a student.

Web site:

stridecenter.org

\$100 could:

partially cover costs for one-to-one business coaching for a low-income entrepreneur.

Web site:

opportunityfund.org

\$50 could:

buy materials like colored flyers for marketing.

In 2 hours:

shadow a counselor to gain the skills necessary to help a client with their job search.

Web site:

missionhiringhall.org

The Stride Center

(formerly Street Tech)

The Stride Center's IT training program includes training, certification, career coaching, and job placement assistance. More than 80 percent of students complete their training.

2300 El Portal Dr., Ste. F, San Pablo, CA 94806

"Street Tech was a godsend! I had gone to school to learn computer repair and networking but I couldn't find a job willing to let me flex my newly acquired skills. I would often look at job postings on the Internet. Many of them were seeking potential candidates with A+Certification. Soon, I was signing up for Street Tech's A+Certification class. Street Tech has a very clean facility. Professional staff, an obviously VERY affordable program for people who need a second chance, and a formidable success rate. It's no wonder they've made it this far. I can come in and use resources at reasonable times and get a pep talk from the staff almost anytime."

Opportunity Fund

Opportunity Fund is the leading provider of microfinance loans and savings products in the Bay Area. They have invested \$128 million in the Bay Area, made \$8 million in loans to more than 600 entrepreneurs, and enrolled more than 2,300 people in savings accounts. Many of their clients are women, immigrants, Latinos, Asian-Americans, African-Americans, and single mothers.

111 W. Saint John St., Ste. 800, San Jose, CA 95113

"Opportunity Fund not only mentored me through the loan qualification process to purchase my small business, but also helped me secure a line of credit with a traditional bank. As I succeeded and stumbled in my first few years, they provided legal resources, education, and helped me start a savings program for my future."

Mission Hiring Hall

Mission Hiring Hall is a placement and referral agency that helps
San Francisco residents find a job and train for future employment.
Holding weekly orientations in multiple languages, clients are able to learn about MHH services, register, and see a counselor right away.
Last year, MHH referred 3,225 clients to an appropriate agency or employer while directly placing 652 clients into a job match.

3042 16th St./288 7th St., San Francisco, CA 94103

"Queena Lu, our leader/trainer was extremely helpful and resourceful in providing top professional instruction on customer service. The focus was on how we can actively use ideas and suggestions given to us in the classroom setting. Queena took great care to carefully show us different ways to look at and work in the real world. I enjoy my class and I feel confident that I will be able to use all that I have learned from her. I appreciate having had a chance to meet and learn from such a gifted instructor."

animal welfare



Pets Are Wonderful Support

Pets Are Wonderful Support helps people by helping their animals. By providing subsidized veterinary care and a food bank, PAWS addresses the need of low-income individuals with HIV/AIDS, disabled persons, and seniors for pet care. They also provide counseling for clients who have housing difficulties as a result of their pet(s).

645 Harrison St., Ste. 100, San Francisco, CA 94107

"Although I have volunteered in various capacities, I get the greatest reward in transporting clients and their pets to their veterinarian visits. Because of my background, I can act as a liaison between the medical professionals and the guardians who may have trouble communicating their questions and concerns. It pleases me to no end knowing that the owners understand their pets' conditions and that the animals are getting the best, most comprehensive care available. Whether driving home after boxing food bank deliveries or going back to work after a vet visit, I ALWAYS leave knowing that some very fortunate animals (and their guardians) are happier. (OK, so maybe it is ME who is happier, but I have an inkling that some purring and waqqing are going on somewhere.)"

House Rabbit Society

In 2000, Richmond-based House Rabbit Society opened this country's first public rabbit-only shelter, a space that now serves as HRS national headquarters. HRS not only boards, grooms, rescues, and shelters rabbits for adoption, but also educates the community about rabbit care. HRS's Hop Shop is the place to pick up all of your grooming supplies, toys, and bunny decorative treasures.

148 Broadway, Richmond, CA 94804

"HRS has been a blessing to rabbits for 20 years. HRS saves so many rabbits from euthanasia at local shelters, and finds them wonderful homes. I am so happy to have adopted several rabbits through the House Rabbit Society. I cannot imagine a life without rabbits, and through educating the public I know HRS will help others to have the same joy of having a rabbit in their life. HRS is also vital in helping to save abused rabbits and bringing their abusers to justice, and rehabilitating rabbits so that they can find new homes where they will be loved and appreciated."

\$50 could:

provide cat litter to 10 cats per month.

In 2 hours:

dog walk, drive pets to appointments, or deliver pet food.

Web site:

pawssf.org

\$50 could:

sponsor a rabbit and pay for their spay/neuter charges.

In 2 hours:

help groom and play with rabbits as well as take their pictures and bios for the Web site.

Web site:

rabbit.org

health and medicine



\$50 could:

support a child's health services for a year in Ecuador.

Web site:

cfhi.org

\$50 could:

provide a brick of support needed to establish the first public, nonprofit cord blood bank in the Bay Area.

Web site:

joannepang.org

\$50 could:

provide one yoga class for a group of cancer patients and survivors, or buy a yoga mat and DVD for someone who can't afford it.

Child Family Health International

Child Family Health Initiative sends health science students from more than 35 countries to participate in health care services and disease prevention. Now working at 17 sites in six countries, CFHI has also transported more than \$8 million worth of medical supplies and equipment to underserved and disaster-stricken communities throughout the world.

995 Market St., Ste. 1104, San Francisco, CA 94103

"What I've enjoyed the most about my experience with this nonprofit is that I've become part of a completely different community, enjoying it to the extent of feeling at home here. I have become close with the coordinators, medical professionals, and several locals and feel as though I could come back and have a home here whenever I would like. The community is very friendly and welcoming and if you are proactive with them, you will get a lot in return, as I did."

Joanne Pang Foundation

Joseph Pang founded the Joanne Pang Foundation in 2003, after losing his 10-year-old daughter Joanne to leukemia. He has worked since then to establish a public umbilical cord blood bank—the Northern California Umbilical Cord Blood Bank (NCUBB)—at UCSF's Children's Hospital, and is currently working with key medical and community leaders to gain support for this initiative. In addition, the JPF also works to increase awareness about blood and marrow diseases, support research, and provide patient assistance and family support.

P.O. Box 320636, San Francisco, CA 94132

"My son Parris had a bone marrow transplant around the time that Joanne Pang was receiving treatment for leukemia. We got to know Joanne and her parents and were very saddened by her passing. My child was transplanted with a unit of cord blood, and we are very pleased that the Joanne Pang Foundation has put their efforts behind forming a cord blood bank in the San Francisco Bay Area."

Yoga Bear

Yoga Bear helps cancer patients and survivors heal through yoga. They match patients and survivors with yoga classes free of charge and raise money for cancer causes through events like "Yogapalooza" at Golden Gate Park.

2047 Divisadero St., San Francisco, CA 94115

"By providing FREE yoga classes to cancer patients and survivors, Yoga Bear is allowing these people to experience a valuable form of complementary therapy that is normally expensive and not often covered by insurance. Yoga Bear also creates a community within its participants and volunteers by putting on frequent events that bring everyone together. I recently volunteered at Yogapalooza where there were yoga classes all day in Golden Gate Park benefiting different cancer organizations. It was so beautiful to see survivors and family members and volunteers all practicing together and sharing that experience."

Homeless Prenatal Program

You can hear the sounds of a prenatal yoga class, a one-on-one counseling session for a new mother, a diaper and clothing drive, ESL classes, substance abuse courses, and a bustling child care center under the one roof of the Homeless Prenatal Program. By viewing pregnancy as an opportunity to break the cycle of homelessness and poverty, HPP has become a one-stop shop for parenting, family, and mental health services that serves more than 2,600 families per year. 2500 18th St., San Francisco, CA 94110

"As a volunteer, I get to see pregnant mothers walking out not only with food and diapers, but with the knowledge that there is an entire community to support them that extends beyond the walls of the building. I also experience the success of HPP's programs simply by meeting the staff. Half of them are former clients, but I honestly would never know who falls into the category of formerly homeless mother and who does not. This community of women supporting women is what draws me back every time and makes the 90-minute bus ride (one way) worth it the minute I walk through the door."

Sonrisas Community Dental Center

(formerly Coastside Medical Dental Clinics)

As the only provider of affordable dental care in San Mateo Coastside, Sonrisas (Spanish for "smiles") has maintained healthy teeth of more than 1,700 patients. In addition to those patients who come directly to their office space only five minutes from the beach in Half Moon Bay, Sonrisas also goes out into clinics and schools in the community on a weekly basis in order to keep the canines, molars, and incisors of the local community in good shape.

210 San Mateo Rd., Ste. 104, Half Moon Bay, CA 94019

"As a patient at Sonrisas Community Dental Center, I was made to feel comfortable and at ease in the cheerful yellow surroundings. The staff was friendly and efficient. As an uninsured individual, I was greatly relieved to receive quality dental care at a cost that I could afford. The bitewing X-rays (you know, the ones that usually dig into your gums) were the most comfortable I've ever had taken, thanks to a very gentle and kind dental assistant."

In 2 hours:

teach a class if you are yoga therapist, or reach out to 10 to 20 yoga studios for donations.

Web site:

yogabear.org

\$50 could:

pay for diapers and formula.

In 2 hours:

help run the child care center while mothers are in counseling or other sessions.

Web site:

homelessprenatal.org

\$50 could:

cover the costs of an initial dental patient visit.

Web site:

sonrisasdental.org

\$50 could:

provide pregnancy counseling and testing for one client.

In 2 hours:

join the Health Worker Program for hands-on experience in a community clinic.

Web site:

womenscommunityclinic.
org

\$50 could:

fund the drop-in center for a day (often the only safe space for homeless/ marginally housed men and women with HIV/AIDS to socially interact), or provide a nutrition workshop for 10 clients to learn how to buy and cook healthy foods.

In 2 hours:

spend time with an underserved client with breast cancer or HIV/AIDS.

Web site:

shanti.org

Women's Community Clinic

Since 1999, the Women's Community Clinic has provided free sexual and reproductive health services, homeless outreach services, and health worker training programs to Bay Area women and girls. Their volunteers give each woman the information and support she needs to make decisions about her own health. This all-woman, volunteer-based model enables them to provide women with quality health care while training the next generation of community health care leaders.

2166 Hayes St., Ste. 104, San Francisco, CA 94117

"I have been a volunteer physician at the clinic for five years. Working with a dedicated group of staff and the huge number of volunteers brings joy and meaning to my life. The gratitude of women who could not otherwise afford health care is priceless. Our care is the highest quality and delivered with compassion and love."

Shanti Project

Shanti provides both direct health counseling to individuals experiencing breast cancer or HIV/AIDS, as well as the emotional and practical support that emerges from client and volunteer relationships. The 1,600 clients served annually can participate in mind and body programming, receive case management, and utilize the drop-in service center for both counseling and a cup of coffee with other clients. Shanti's "compassionate presence" approach to client interaction has led to the Shanti Model of Peer Support that is utilized in countries around the world.

730 Polk St., 3rd Fl., San Francisco, CA 94109

"I have been volunteering for Shanti for two years now. When I started the program, I knew that it would be a positive thing for me, but I had no idea how much my relationship with my client and my involvement in the organization would enrich my life. I consider volunteering for Shanti to be one of the best decisions I have ever made and I plan to remain involved with the project for a long time."

agriculture and environment



Hidden Villa

Founded on the recognition that the natural environment has profound implications for social justice and ethnic harmony, Hidden Villa's unique location in the Los Altos Hills allows it to offer both wilderness and farm programs. Programming includes an environmental education program for elementary children, a hostel, fresh organic garden, and a summer camp for youth from various socioeconomic and cultural backgrounds.

26870 Moody Rd., Los Altos Hills, CA 94022

"I love that there are so many wholesome things to do at Hidden Villa and so many ways to be involved. Whenever I drop by, I see people of all ages and all backgrounds exploring, learning, and bonding. Hidden Villa is one of the must-visit and must-support places in our community."

American Land Conservancy

Bigger than local land trusts and smaller than national land trust giants, the American Land Conservancy responds quickly to new land conservancy opportunities while bringing their national expertise to the projects. With programs across the country, ALC has secured thousands of acres for wildlife habitat, working landscapes, parks, and open space enjoyment.

250 Montgomery St., Ste. 210, San Francisco, CA 94104

"By being able to respond quickly, creatively, and powerfully to the most pressing projects, ALC finds a way to make the impossible projects work."

Multinational Exchange for Sustainable Agriculture

Multinational Exchange for Sustainable Agriculture is the only federally designated program permitted to bring foreign nationals to the United States for long-term training opportunities in organic, sustainable agriculture. American farms host foreign stewards for six months to a year, teaching them innovations in sustainable agriculture while the stewards share their agricultural traditions and techniques.

5245 College Ave., Ste. 508, Oakland, CA 94618

"MESA stewards have consistently been the most enthusiastic, thoughtful, and talented people I have worked with at my farm. This organization does an exceptional job recruiting international students of sustainable agriculture and matching them with U.S. host farms in a mutually beneficial learning situation."

\$50 could:

allow five preschoolers to attend a 90-minute farm tour.

In 2 hours:

complete training as a guide to help schoolchildren explore the vegetable garden, visit farm animals, and hike through the wilderness.

Web site:

hiddenvilla.org

\$50 could:

contribute to travel expenses for visiting landowners who decide to sell land to public hands instead of developing it.

Web site:

alcnet.org

\$50 could:

provide one-eighth of the support necessary for the implementation of a home country project by MESA alumni in Ecuador, India, Nepal, Peru, Sri Lanka, and Thailand.

Web site:

mesaprogram.org

Don't Leave Your Kids Home!

Family Volunteering Activities

Volunteering with your family is an opportunity to spend meaningful time together while bolstering the community and helping others.

Festival Volunteers

Experience a wide range of artistic, musical, and culturally rich content as you bring communities together.

2. Cooking and/or Serving Meals

Feed the hungry and make a difference on a personal level.

3. Sort Donated Clothing

All the fun of going to a store and none of the drain on your finances.

4. Preserve a Community Garden

Remove debris and weeds, mulch, and plant vegetables and shrubbery to contribute to a community's beautification.

5. Plan Activities for Youth or Seniors

Share your time with fun and interesting people.

6. Help Restore a Natural Habitat

Explore beautiful areas while removing invasive plant species, collecting seeds, and restoring native plants.

7. Deliver Groceries to Homebound Seniors

Be a friendly face delivering food to those in need.

8. Socialize Rescued Kittens

Reacquaint kittens with the loving touch and care of humans in order to help them find permanent, loving homes.

9. Maintain a Community Park

Ensure that children have a clean and safe place to play and socialize.

10. Support a Cause

Stand up for your convictions by spreading the word about a cause you believe in.

Source: The Volunteer Center Serving San Francisco and San Mateo Counties www.thevolunteercenter.net

energy conservation and green living



San Francisco Bicycle Coalition/SFBC Education Fund

The 10,000 active members of the San Francisco Bicycle Coalition aim to promote the bicycle, a zero-emission vehicle, as a means of sustainable transportation. They provide cyclists with urban bike education, safety information and equipment, and safe designated space for bikes on San Francisco streets.

995 Market St., Ste. 1550, San Francisco, CA 94103

"I've found a profound sense of community three times in my life, first at my high school seminary, and then in the early years of AIDS activism. Today, the community that rocks for me is the San Francisco Bicycle Coalition. SFBC creates a vastly more livable city by welcoming longtime residents and newbies alike in a common cause. This is an organization that makes you WANT to do more, and it creates an environment in which everyone fits."

Next 10

Next 10's nonpartisan approach to environmental, economic, and quality of life issues affecting Californians of all political persuasions is a refreshing reminder that you don't have to wear patchouli to be green. Aside from various educational materials on the state's budget, infrastructure, and environment available for free by request, Next 10 produces a plethora of unique educational materials specifically for politicians, businesses, and the public. These include a Green Innovation Index of economic and environmental indicators and an online budget challenge game that more than 50,000 Californians have played, creating their own budget policy for the next five years and thereby experiencing the challenges currently facing state legislators.

575 High St., Ste. 310, Palo Alto, CA, 94301

"Next 10 has been an invaluable resource for providing a hands-on, real-world view of what California faces within a state budget, as a green economy and throughout its infrastructure. Next 10 removes any tint of rose-colored glasses and gets down to business by educating Californians and providing them with the knowledge of how they can play a role in California's future, and be a part of the solution."

\$50 could:

help provide a community with bike safety materials like bike lights, bike bells, and children's helmets.

In 2 hours:

help out in the office, valet bike parking at an outdoor festival, or distribute safety materials. There is something for everyone.

Web site:

sfbike.org

\$50 could:

enable Next 10 to give one presentation on California's budget policy choices.

Web site:

next10.org

human services

\$50 could:

help one woman who comes in for a two-hour crisis counseling session to get the information, support, and referrals she needs to leave violence.

In 2 hours:

help gift wrap donated Christmas gifts at Next Door's Christmas Boutique for mothers and children to choose from and give to their family members.

Web site:

nextdoor.org

\$50 could:

provide a hot evening meal for one homeless person.

Web site:

shelternetwork.org

\$50 could:

fund 10 meals delivered to a homebound senior.

In 2 hours:

help with errands, do home repairs, or simply

Next Door Solutions to Domestic Violence

The first bilingual English-Spanish domestic violence shelter in the United States didn't open until 1971, in the garage of Next Door founder Bea Robinson. Since then, Next Door has helped tens of thousands of victims and their children stay safe and healthy. Next Door provides linguistically and culturally appropriate comprehensive services for victims of domestic violence and their children.

234 E. Gish Rd., Ste. 200, San Jose, CA 95112

"I was sent over to the organization through Heald College to gain experience in the field that I am working in and will continue to work in. They have the friendliest staff who know exactly what they are there to do, and that is help every single client that walks through the door. I feel that Next Door Solutions to Domestic Violence is heaven-sent and I know that all these services can amount to a lot of money, but looking past all cost you cannot put a price on a child, mother, father, student, or family that is being helped to better themselves, so that they may make a better future not only for themselves but the people that also surround them."

Shelter Network of San Mateo County

Focusing on long-term self-sufficiency and finding permanent housing, Shelter Network works to keep people off the streets for good. It is currently the Peninsula's principal provider of housing and support for homeless families and individuals. Serving more than 3,500 people annually, more than 97 percent of families and single adults return to permanent housing.

1450 Chapin Ave., 2nd Fl., Burlingame, CA 94010

"Shelter Network helped me to get my life back on track. My children were comfortable with the staff and loved the program. I was able to work and save enough money to afford the move-in costs for an apartment. After we moved into our own apartment, my children still wanted to 'go home' to the shelter."

Meals on Wheels

Meals on Wheels is a nationally renowned organization known for the work it does in bringing meals to those with limited mobility. They are the only organization to provide two home-delivered meals per day, mostly to senior citizens. They also provide personal contact to those who are otherwise isolated. As the baby boomer generation ages, their client lists are expanding quickly, and their newest

challenges include not only how to meet this increased demand, but also how to do it without losing the human intimacy that Meals on Wheels is known for.

1375 Fairfax Ave., San Francisco, CA 94124

"Meals on Wheels started helping my grandmother when my grandpa died. She couldn't cook for herself anymore. Grandma would tell me how Ro-Ro—Roland, the delivery driver—always had a joke for her when he dropped off her meals. There is such a sense of relief when you know that someone really cares about your family when you aren't around to take care of them."

Family Violence Prevention Fund

The Family Violence Prevention Fund works to combat family violence, whether they are advocating for policy changes or trying to change social attitudes. They use a multifaceted approach, including ad campaigns; teaching early detection by reaching out to coaches, teachers, parents, doctors, and health professionals; and running training programs to build leadership among women and girls.

383 Rhode Island St., Ste. 304, San Francisco, CA 94103

"I have been involved with the FVPF since 1997 and I am as awed by their reach now as then. They are the thought leaders on the issue of violence against women and children. From reshaping police intervention and judiciary proceedings to how health care providers recognize and care for victims, the FVPF has made a difference."

LightHouse for the Blind and Visually Impaired

The LightHouse for the Blind and Visually Impaired promotes the independence, equality, and self-reliance of people who are blind and visually impaired through rehabilitation training and relevant services. Forty percent of the staff are blind or visually impaired, including the executive director. Their toll-free information line connects the greater community with comprehensive resources for living well with vision loss.

214 Van Ness Ave., San Francisco, CA 94102

"In my duties as an art class volunteer on Wednesday afternoons I have assisted people with a whole range of visual impairments as they explore and enjoy working with ceramics, other sculptural materials, paint, collage, and even jewelry making. Being witness to their creative process, and joining in the fun myself as I help fetch brushes, rinse cups, find scissors and thread, read the labels on the bottles of glaze, and lend them my eyes in other useful ways, has inspired me over and over in the last 18 months to start crafting in my own free time."

provide company and companionship for a homebound senior.

Web site:

mowsf.org

\$50 could:

support a coach, teacher, judge, physician, or community leader in a training program.

In 2 hours:

spread the word.

Web site:

endabuse.org

\$50 could:

buy art supplies for Enchanted Hills Camp, the LightHouse camp serving blind, visually impaired, deaf-blind, and multidisabled children and adults.

In 2 hours:

be a personal service volunteer, or read the newspaper at their radio/ broadcast station.

Web site:

lighthouse-sf.org

\$100 could:

fund a scholarship for an individual with mental illness to attend one of their educational conferences.

In 2 hours:

help with event planning, grant writing, graphic design, mailings, or administration.

Web site:

mha-sf.org

\$50 could:

allow four people with disabilities to do community volunteer projects where they learn valuable work skills.

In 2 hours:

spend time with a client reading, gardening, or making art.

Web site:

abilitiesunited.org

\$50 could:

be leveraged to obtain \$500 in groceries, through community partnerships and generous in-kind donations that on average can feed a family a five for one month.

In 2 hours:

pack 25 food boxes for 25 families.

Web site:

ehpcares.org

Mental Health Association of San Francisco

Mental Health Association of San Francisco provides both direct services and advocacy to improve the lives of mentally disabled individuals. They run workshops and programs to help clients manage their disabilities. They also work to increase awareness about the challenges their clients face. MHA-SF also trains more than 50 people with serious mental illness each year in its leadership training programs. As they expand their services, they are now reaching out to more ages and races.

870 Market St., Ste. 928, San Francisco, CA 94102

"What especially impressed me about MHA-SF was their commitment to including mental health consumers in their processes for producing change. Rather than functioning as a top-down agency, the MHA-SF serves as an integrated organization that works with consumers and other mental health service agencies to push for social change."

Abilities United

Abilities United serves the disabled, offering services from before birth to the end of life, ensuring that their clients can enjoy continuous and personalized care. AU focuses on getting their clients out into the communities.

525 East Charleston Rd., Palo Alto, CA 94306

"Each time I have interacted with their staff they have been helpful, knowledgeable, and caring. They add quality of life to so many people and the services they provide are so important to those living with a physical or developmental challenge. They are changing lives for the better every day."

Ecumenical Hunger Project

The Ecumenical Hunger Program distributes food boxes, clothing, furniture, appliances, household essentials, and other emergency services to low-income individuals and families at no cost in East Palo Alto, Menlo Park, and surrounding areas. They do so with personal service and face-to-face contact. Their new Family Intake program provides as many as 50 families every month with personalized support and strategy plans to help them get beyond emergency needs and build self-sufficiency.

2411 Pulgas Ave., East Palo Alto, CA 94303

"I greatly enjoy the contact with clients and the wonderful people working at EHP. I am extremely impressed with how this organization has kept operations running in times of greatest challenge. Each and every one, including many board members, has pitched in to fill the gaps and make sure that this important community support survives."

Support for Families of Children with Disabilities

Since 1982, Support for Families of Children with Disabilities has provided a wide range of information, education, and parent-to-parent support services to help families of disabled children and to educate professionals who work with these families. It is the only San Francisco parent-to-parent organization that works with families of children with any kind of special need. All services are provided free of charge and assistance is available in English, Spanish, Cantonese, and Mandarin.

2601 Mission St., Ste. 606, San Francisco, CA 94110

"They are open for questions like schools, doctors, and anything related to disabled kids. Sometimes I need them and I call them every day. They're very helpful."

Swords to Plowshares

Swords to Plowshares is the only organization in the Bay Area that serves the needs of homeless and low-income veterans, those who have fallen through the cracks of the VA and the military. They help them readjust to civilian life and provide direct services such as job training and legal assistance. They are also advocates for their clients, raising public awareness about the challenges that they face and making sure that they are taken care of as they deserve.

1060 Howard St., San Francisco, CA 94103

"I could not believe that I was able to receive the financial assistance I needed to complete my training as a paramedic. I felt supported and dignified. As a Desert Storm-era veteran whose G.I. Bill already expired, I was particularly thankful to have this service provided by this GREAT NONPROFIT. Thank you!"

Liberation Prison Project

Liberation Prison Project receives almost 1,000 letters a month from prisoners around the world who are interested in Buddhism, most of whom have no previous experience with the religion. LPP distributes the letters to a team of 200 volunteer Buddhist teachers worldwide, who then begin regular correspondence with the prisoners, providing advice, books, prayers, and meditations. LPP aims not to convert, but to empower. Although the majority of prisoners who write will never get out of prison, the Buddhist teachings help them better cope with imprisonment.

P.O. Box 31527, San Francisco, CA 94131

"I see firsthand how beneficial the services are for the inmates because of the wonderful feedback received from them in letters they write. I also visit inmates and they are so inspired by the LPP Newsletter and books they receive, reading them over and over again. Frequently, the only support the prisoner receives is from LPP, as many are abandoned by friends and family."

\$50 could:

provide two support group sessions for new parents, or fund child care while parents attend workshops.

In 2 hours:

help children learn to skate at annual holiday party, or do art projects at Family Fun Day.

Web site:

supportforfamilies.org

\$50 could:

feed one veteran for a week, or provide eight veterans with haircuts.

In 2 hours:

paint a room for a new resident, help in one of the residential gardens, or teach residents how to cook a nutritious meal.

Web site:

stp-sf.org

\$50 could:

provide five books about Buddhism for prisoners.

In 2 hours:

write out a few pages of the Sanghata Sutra for LPP.

Web site:

liberationproject.org

In 2 hours:

communicate to domestic violence survivors that they are not at fault and they are not alone through the crisis line.

Web site:

snbw.org

In 2 hours:

serve dinner to 35 families who are working to get life back on track.

Web site:

familysupportivehousing. org

\$50 could:

pay for five hours of job training or three hours of independent living skills training (grocery shopping, cleaning, accounting).

In 2 hours:

volunteer at a social event or art class, or teach hourly computer lessons.

Web site:

thearcsf.org

Support Network for Battered Women

The Support Network for Battered Women is the only domestic violence agency available to all nine Bay Area counties with a 24-hour bilingual toll-free hotline number. They provide seamless transition for client families through their various support systems (shelter, counseling, support groups, legal services, education, etc.) to ensure that they successfully go from crisis to safety.

1257 Tasman Dr., Ste. C, Sunnyvale, CA 94089

"My service to the Support Network attests to my knowledge of and commitment to this outstanding agency. For more than 12 years, I have volunteered 50+ hours a week in a variety of departments, from fundraising to the hotline, community education, and beyond. The staff and volunteers at the Support Network are passionate about our clients and the cause. Overworked and underpaid, everyone does more than his or her share to ensure that the community knows of our services and is able to utilize them."

Family Supportive Housing

Family Supportive Housing is the only temporary housing shelter exclusively for intact families. In addition to a private room and three meals a day, they provide tutoring and after-school programs for children as well as employment training and support groups for adults. Family Supportive Housing relies on more than 45 church groups and 1,000 volunteers each year.

1590 Las Plumas Ave., San Jose, CA 95133

"The first time I toured the shelter and entered the daycare center all the children were sleeping except one. She looked frightened at first but as she continued to stare at me, a smile came over her face. The look was as if she felt like someone had given her hope. This is the moment for me, when I decided I would fight for this little girl and others like her so that they will eventually rise out of homelessness and stand self-sufficient once again. They can and do change a child's life. The most precious possession a child has is not his or her home, toys, clothes, or any other material thing, but it is their family. The shelter fights to keep the family together."

The Arc of San Francisco

The Arc of San Francisco has spent the past 57 years serving Bay Area adults with developmental disabilities. Whether it means helping with day-to-day things like balancing a checkbook or job training, or doing major advocacy campaigns to push for better legislation and more public awareness, their message is that adults with developmental disabilities can live in and be a productive part of any community.

1500 Howard St., San Francisco, CA 94103

"As the mother of a young son with autism and a volunteer for the Arc of San Francisco, I believe strongly in the Arc's mission and vision. My son is not yet a client (due to his age), but will certainly take advantage of all the services they offer as he reaches adulthood."

Self-Help for the Elderly

Self-Help for the Elderly serves 25,000 low-income and isolated elderly each year in San Francisco, San Mateo, Santa Clara, and Alameda counties. Technology/employment training and social activities are available for more independent individuals, while frailer seniors have access to multilingual and multicultural in-home health care with certified 24-hour residential care.

407 Sansome St., San Francisco, CA 94111

"As a longtime volunteer of Self-Help, I have witnessed the dedication of the staff at various meal sites and residential care facilities of this fine agency. My father-in-law suffered a stroke seven years ago and thanks to the help of the Homemakers Department at Self-Help, we were able to find good, reliable, and qualified home health aides for my father-in-law. My daughter who lives in San Francisco uses a housekeeper from Self-Help on a bimonthly basis."

Novato Human Needs Center

The Novato Human Needs Center assists more than 4,000 at-risk individuals each year through case management and extensive human services. They drive seniors to medical appointments, teach ESL classes, provide onetime mortgage payments and clothing vouchers, and give out donated food and toys during the holiday season. In providing services to overcome immediate crises, NHNC gives at-risk individuals an opportunity to achieve self-sufficiency.

"I began volunteering with the center a couple of years ago. It is a great place for the community to come together to help others who need a helping hand. The staff are wonderful people, compassionate and professional. I enjoy Children's Shopping Day because we are able to make kids really happy by meeting and talking to Santa and picking out small gifts for their caregivers."

A Miner Miracle

A Miner Miracle provides professional clothes and image counseling to low-income men and women. All clothing and shoes are new, brand-name merchandise. They provide services such as tailoring, hairstyling, cosmetic products, and accessories. By enhancing their employment potential and self-esteem, the clients are able to take control of their lives.

414 Mason St., Ste. 501, San Francisco, CA 94102

"I have been involved with A Miner Miracle for almost six years now. It is an amazing organization that provides an unthought-of and very critical service for a lot of men and women who would never get a job and be independent and empowered were it not for this organization. I recently moved from San Francisco to North Carolina and wish there were organizations like A Miner Miracle here to help people coming off welfare and out of programs learn to dress and present themselves for job interviews. Anywhere that poverty exists, A Miner Miracle needs to be."

\$50 could:

help pay for meals served at the annual Thanksgiving luncheon to more than 3,000 seniors.

In 2 hours:

work directly with seniors at senior centers.

Web site:

selfhelpelderly.org

\$50 could:

buy two bags of groceries or one round-trip on their van to a medical or other critical appointment for a senior or disabled person.

In 2 hours:

assist 10 children in selecting and wrapping gifts for their parents during their Holiday Share Program.

Web site:

nhnc.org

\$50 could:

provide one woman a full scholarship for the Finishing Touch Program.

In 2 hours:

help process and sort clothing for our retail store.

Web site:

aminermiracle.org

\$50 could:

help warm the home of a family through our utility assistance program.

In 2 hours:

you can give your expertise and help seniors understand and fill out forms for programs like citizenship education.

Web site:

coastsidehope.org

In 2 hours:

be a mentor to an at-risk youth (eight to 10 hours per month commitment), write/design a newsletter, or help organize volunteer events.

Web site:

alumrockcc.org

\$50 could:

provide a child with new shoes and school supplies for the school year.

In 2 hours:

sort daily food donations, take inventory, or distribute food.

Web site:

wvcommunityservices.org

Coastside Hope

Coastside Hope was established more than 30 years ago to offer basic life necessities to the families and residents in the rural coastside area of San Mateo County. With an array of services including emergency shelter, food, clothing, rental assistance, naturalization assistance, and no-cost tax preparation, Coastside Hope consistently provides a safety net for more than 3,000 people annually.

99 Ave. Alhambra, P.O. Box 1089, El Granada, CA 94018

"This is why I am passionate about Coastside Hope. I want all families to have affordable housing, a decent wage, and enough food to eat. I want to do what I can to level the playing field and bring economic equality to the coast."

Alum Rock Counseling Center

Alum Rock Counseling Center is the only agency that serves youth (ages o to 19) with a specific focus on the East/Central San Jose area, serving the highest percentage (more than 80 percent) of Latino, immigrant, and monolingual clients in the region. They provide counseling, 24/7 crisis intervention, mentoring, specialized educational support, case management, support groups, and alternative-to-incarceration programs to 3,500 youth and their families per year.

1245 E. Santa Clara St., San Jose, CA 95116

"When I was a high school principal, ARCC provided our community with quality case management for truant students and dysfunctional families. In addition, the 24-hour crisis phone line was used by many of our students and they were able to get timely assistance in critical situations. Now as a board member, I can appreciate even more the outstanding work that this agency does for the community. They have extremely dedicated and competent staff who work very hard and are truly committed to serve. There is no doubt that their work is a significant factor in making San Jose a safe city and a better place to live. Most of all, as a board member I can closely observe how fiscally responsible the administrative staff is and how everyone is held accountable to the highest performance standards."

West Valley Community Services

West Valley Community Services provides shelter, transitional, and permanent housing to more than 200 families and individuals each year. In addition to case management and referral services, West Valley also provides some in-house services such as a large food pantry that distributes \$600,000 worth of food each year and some cash assistance to further bring people out of homelessness or financial crisis to a place of stability.

10104 Vista Dr., Cupertino, CA 95014

"What has impressed me the most is how the men in the shelter, after having hit rock bottom, seem to see life so clearly, and are able to get truly important priorities straight—better than I can, by far!"

Asian Americans for Community Involvement

Focusing on the diverse Asian-American community, Asian Americans for Community Involvement's mission is to improve the health, mental health, and well-being of individuals and their families by providing an array of human services. These include a lunch program for low-income seniors, many of whom speak little or no English, and the Asian Women's Home, the only shelter of its kind in San Mateo and Santa Clara counties.

2400 Moorpark Ave., Ste. 300, San Jose, CA 95128

"Asian Americans for Community Involvement does heroic work in the community—providing mental health services, safety for women and kids who are victims of domestic violence, a senior center, HIV/AIDS testing, after-school youth programs, and the list goes on. The staff are incredible—working long hours in order to serve the community and speaking multiple languages."

Rebuilding Together Peninsula

Rebuilding Together Peninsula builds volunteer partnerships to rehabilitate homes and community facilities of low-income, elderly, and disabled neighbors. Since 1990, they have repaired 761 homes and 190 community facilities through more than 63,000 volunteers. P.O. Box 4031, Menlo Park, CA 94026

"I have worked with Rebuilding Together for National Rebuilding Day for the last three years. I have done work rebuilding and repainting local community centers, such as the Girls Club. The work is always challenging, but the staff is positive, and everyone works very efficiently. The moment that sums it up for me came last year, when we were repainting a living facility for seniors. One of the men who lived there came out on his balcony while we were painting it. He talked to us, showed us photos he had taken, and told us how much he appreciated our work. The best part about Rebuilding Together is seeing the change you can make in just one day."

St. Joseph's Family Center

St. Joseph's Family Center is where families and individuals in south Santa Clara County in need of urgent assistance have turned to for more than 30 years. With diverse services such as a food pantry, a senior shuttle, and an employment services program, St. Joseph's provides a central location for people in crisis.

7950 Church St., Ste. A, Gilroy, CA 95020.

"By far one of the best and brightest contributions to the fabric of our society. God bless St. Joseph's Family Center!"

In 2 hours:

help an AACI client open his or her first bank account.

Web site:

aaci.org

\$50 could:

allow a family of six to have a working sink in their only bathroom.

In 2 hours:

help repair someone's home if you are handy.

Web site:

rebuildingtogether peninsula.org

\$50 could:

serve 20 hot meals to homeless and unhoused in the community.

In 2 hours:

sort through food donations, or help distribute food baskets to low-income families.

Web site:

stjosephsgilroy.org

In 2 hours:

be a First Aid team member and provide basic first aid, free of charge, at scheduled public events, or be a Safe Kids instructor and educate children on disaster preparedness (six hours a month).

Web site:

scv-redcross.org

\$50 could:

get a tank of gas for patients who have to go to radiation and cancer treatment.

In 2 hours:

you can be part of a team to pack grocery bags for distribution.

Web site:

svcommunityservices.org

American Red Cross-Santa Clara Valley Chapter

Over the last 91 years, the Santa Clara Valley Chapter has been teaching lifesaving skills, responding to disasters, and helping to rebuild people's lives after crises.

2731 North First St., San Jose, CA 95134

"In 1989 the Red Cross came to our area of the Santa Cruz Mountains, Loma Prieta, and helped us deal with life without water or power for a week. What a wonderful resource. Since then I have been a volunteer with the Red Cross trying to give something back. But I think I get more back from assisting fire clients than I do helping them."

Sunnyvale Community Services

Sunnyvale Community Services works to prevent homelessness and hunger for low-income families and seniors facing temporary financial crises. In 2006, SCS distributed \$815,000 worth of donated food and \$567,000 in financial assistance to clients, enabling nearly 7,500 families and seniors to stabilize their lives.

725 Kifer Rd., Sunnyvale, CA 94086

"SCS stretches every dollar and effectively uses volunteers. SCS has only seven paid employees, but annual volunteer hours equal those of 11 employees."

law, politics, and human rights



Electronic Frontier Foundation

The Electronic Frontier Foundation is the leading civil liberties group defending your rights in the digital world. By viewing civil liberties through the lens of technology, EFF broke new ground when it was founded in 1990, and it has found new ways to defend free speech, privacy, intellectual property, and consumer rights.

454 Shotwell St., San Francisco, CA 94110

"EFF fights to protect your civil liberties online and in the digital world in ways the average Joe hasn't thought of yet. They are remarkably effective, especially considering they operate with a skeleton crew of about 30 staffers, and considering a huge chunk of their time and money goes into litigation, extremely well managed to boot."

Bay Area Legal Aid

Bay Area Legal Aid tackles poverty head-on by educating low-income families about their legal rights. It is the largest provider of free civil legal services in the Bay Area, and its work improves clients' quality of life and increases their level of self-sufficiency. BayLegal advocates work to end domestic violence, prevent homelessness, and ensure access to public benefits and essential health care. Lawyers speak everything from English to Spanish to Farsi to Russian.

405 14th St., 9th Fl., Oakland, CA 94612

"I have volunteered my time and services to help people that would otherwise go unrepresented. It has been as rewarding for me as it has been for the people I have represented. I have met many well-qualified attorneys and have found a wonderful mentor within this organization as well. It has helped me both personally and professionally to be associated with Bay Area Legal Aid."

The Center for Justice and Accountability

The Center for Justice and Accountability is an international human rights organization that uses litigation to hold perpetrators individually accountable for human rights abuses, develops human rights law, and advances the rule of law in counties transitioning from periods of abuse. One of CJA's victories includes the first jury verdict in U.S. history for crimes against humanity.

870 Market St., Ste. 688, San Francisco, CA 94102

"CJA is composed of a group of bright and dedicated lawyers and human rights activists. Part of the great pleasure of volunteering at

Web site:

eff.org

\$50 could:

help a battered woman to leave her abuser, or provide initial consultation with a domestic violence advocate and help applying for domestic violence restraining order.

Web site:

baylegal.org

\$50 could:

help enable a client to tell their stories in the mass media and to audiences around the country.

In 2 hours:

help translate for Spanish, French, Haitian, and Somali clients.

Web site:

cja.org

\$50 could:

support the costs of training a volunteer advocate to work one-on-one with a child in foster care, or 300-plus children on the waitlist for an advocate.

In 2 hours:

attend a court hearing on behalf of an abused or neglected child.

Web site:

bemyadvocate.org

\$50 could:

pay for one youth to take leadership training courses and become an ambassador of peace in his or her community.

In 2 hours:

spend time out in the community, spreading messages of peace and justice, and recruiting others to the cause.

Web site:

ellabakercenter.org

CJA was learning from the team. They have a deep understanding of the legal framework of human rights and their dedication is inspiring. Despite their small numbers, their impact is profound. CJA's holistic approach to its work—focusing both on accountability for the perpetrator and justice for the victim—makes CJA an ideal example for future human rights work."

Child Advocates of Silicon Valley

Child Advocates of Silicon Valley's Court Appointed Special Advocate program trains volunteers to serve as advocates for abused and neglected children as they negotiate the legal system. By regularly meeting with their child, researching their case, and presenting the information in court, the advocates have the opportunity to connect with an at-risk youth and to ensure that their needs are met.

509 Valley Way, Bldg. 2, Milpitas, CA 95035

"When I met my child a year and a half ago she could not relate to peers, did not speak English, was not performing at grade level, and was overweight. Today, she speaks fluent English, has lots of friends her own age, is performing at grade level, loves to learn, and can't wait for school to start this fall. She has lost weight and learned to swim. I think that I get more satisfaction from her achievements than she does."

Ella Baker Center for Human Rights

The Ella Baker Center for Human Rights shifts the focus of human rights to urban America and the violations of basic rights going on in our own communities. They offer a set of programs focusing on areas as diverse as replacing youth prisons with more effective alternatives, supporting victims of police abuse, bringing low-income and minority individuals into today's growing "green economy," and decreasing instances of violence by increasing opportunity.

344 40th St., Oakland, CA 94609

"I started volunteering with the Ella Baker Center and met three incredible women doing extremely important work. Each of them worked or volunteered with the Ella Baker Center, and each of them were mothers of young men who had been incarcerated in the California Youth Authority. They found the strength to turn the tragedy of their sons' incarceration into a passion for change. They are only three out of many talented people who work with the EBC, but their passion and life experiences really pushed me to start trying to make a real difference in the issues I cared about."

National Center for Lesbian Rights

The National Center for Lesbian Rights directly serves more than 5,000 lesbian, gay, bisexual, and transgender individuals nationally through litigation, advocacy, and public education. Helping a transgender father gain custody of his child, offering free legal counseling to immigrants, or providing education on homophobia in sports are only a few ways that NCLR stands tall as the only national LGBT organization in the Bay Area.

870 Market St., Ste. 370, San Francisco, CA 94102

"NCLR has an incredibly broad and inclusive focus in its advocacy and has continually demonstrated the ability to see the long-term benefits of cases that do not on their face appear to benefit the LGBT community. NCLR has become a leader in the national LGBT community and is one of the few organizations that is clear in its commitment to further the rights of all LGBT people."

\$50 could:

provide attorney assistance for a caller on our free legal helpline, or cover the cost of filing a legal brief.

Web site:

nclrights.org

Get Creative! Give Your Talents and Imagination!

- **1. Volunteer IT Tech:** Use your computer skills to promote the technological well-being of a nonprofit.
- **2.** Waste Station Monitor: Work with an environmental nonprofit to educate the public about recycling and composting.
- **3. Web Newsletter Designer:** Help a nonprofit replace its expensive print newsletter with an e-newsletter.
- **4. Hostel Information Concierge:** Help travelers get where they're going. You know your way around your community, now spread that knowledge.
- **5. Gallery Volunteer:** Staff and set up for gallery shows and be first to see the exhibit.

- **6. Dance Instructor:** Teach ballroom, salsa, and ballet to seniors.
- **7. Studio Volunteers:** Teach adults with special needs to paint, draw, and sculpt.
- **8.** Usher for a Community Theater, Symphony, Choir, Opera, or Ballet: Learn about the behind-the-scenes workings of a performance venue, and you get to see the show for free.
- **9.** Mural Project Volunteer: Beautify a neighborhood by helping an artist fill in sections of a mural.
- **10. Museum or Park Docent:** Design and conduct information programs for the general public and schoolchildren.

Source: The Volunteer Center Serving San Francisco and San Mateo Counties www.thevolunteercenter.net

Organizations by Primary Service Region

Peninsula / Silicon Valley

Alum Rock Counseling Center 34 American Red Cross-Santa Clara Valley Chapter 36 Asian Americans for Community Involvement 35 Child Advocates of Silicon Valley 38 Coastside Hope 34 Community School of Music and Arts 15 Ecumenical Hunger Project 30 Family Supportive Housing 32 Friends for Youth 13 Hidden Villa 25 lobTrain 19 Mariposa's Art 15 My New Red Shoes 10 Next Door Solutions to Domestic Violence 28 Peninsula Bridge 7 Peninsula Conflict Resolution Center 4 Rebuilding Together Peninsula 35 Second Harvest Food Bank of Santa Clara and San Mateo Counties 18 Shelter Network of San Mateo County 28 Sonrisas Community Dental Center 23 St. Joseph's Family Center 35 Sunnyvale Community Services 36 West Valley Community Services 34 Youth Community Service 14

San Francisco

826 Valencia 6 At the Crossroads 14 Enterprise for High School Students 10 Hayes Valley Neighborhood PARKS Group 3 Homeless Prenatal Program 23 Jamestown Community Center 11 Joanne Pang Foundation 22 Larkin Street Youth Services 13 Magic Theatre 15 Meals on Wheels 28 Mental Health Association of San Francisco 30 Mission Hiring Hall 20 Mission Learning Center 5

New Door Ventures 12
Pets are Wonderful Support 21
San Francisco Bicycle Coalition 27
San Francisco Film Society 17
San Francisco School Volunteers 5
Self-Help for the Elderly 33
Shanti Project 24
Women's Community Clinic 24
Yoga Bear 22

East Bay

Ella Baker Center for Human Rights 38 La Pena Cultural Center 16 Opportunity Junction 19 Support for Families of Children with Disabilities 31 The Stride Center 20 Youth Enrichment Strategies 9 Youth Together 12

Marin

Novato Human Needs Center 33 Novato Youth Center 13

Entire Bay Area A Miner Miracle 33

A Schmahl Science Workshop 8 Abilities United 30 AcroSports 12 Aim High 11 Bay Area Legal Aid 37 Bay Area Partnership for Children and Youth 9 Goodwill Industries of San Francisco, San Mateo, & Marin Counties 19 HandsOn Bay Area 3 House Rabbit Society 21 Marine Science Institute 8 Mosaic Project 8 Opportunity Fund 20 Partners in School Innovation 6 RAFT (Resource Area for Teaching) 6 Root Division 16 Springboard Forward 18 Square Peg Foundation 11 Support Network for Battered Women 32 Swords to Plowshares 31 The ARC of San Francisco 32 The Center for the Art of Translation 16 Youth Tennis Advantage 12

California

Bring Me a Book Foundation 7 LightHouse for the Blind and Visually Impaired 29 Next 10 27 Reading Partners 5 Springboard Schools 7

National

American Land Conservancy 25
Camp Kesem 9
Delancey Street 18
Electronic Frontier Foundation 37
Family Giving Tree 10
National Center for Lesbian
Rights 39
One Brick 2
Summer Search 13
Taproot Foundation 3
The Center for Justice and
Accountability 37
The Reading Tree 8
Tides Center 4
Vanished Children's Alliance 14

International

Asante Africa 6
Benetech 4
Child Family Health
International 22
Family Violence Prevention
Fund 29
Kiva 2
Liberation Prison Project 31
Multinational Exchange for
Sustainable Agriculture 25
TechSoup 2

Organizations by Name

826 Valencia 23 A Miner Miracle 33 A Schmahl Science Workshop 8 Abilities United 30 AcroSports 12 Aim High 11 Alum Rock Counseling Center 34 American Red Cross-Santa Clara Valley Chapter 36 American Land Conservancy 25 Asante Africa 6 Asian Americans for Community Involvement 35 At the Crossroads 14 Bay Area Legal Aid 37 Bay Area Partnership for Children and Youth 9 Benetech 4 Bring Me a Book Foundation 7 Camp Kesem 9 Child Advocates of Silicon Valley 38 Child Family Health International 22 Coastside Hope 34 Community School of Music and Arts 15 Delancey Street 18 Ecumenical Hunger Project 30 Electronic Frontier Foundation 37 Ella Baker Center for Human Rights 38 Enterprise for High School Students 10 Family Giving Tree 10 Family Supportive Housing 32 Family Violence Prevention Fund 29 Friends for Youth 13 Goodwill Industries of San Francisco, San Mateo, & Marin Counties 19 HandsOn Bay Area 3 Hayes Valley Neighborhood PARKS Group 3 Hidden Villa 25 Homeless Prenatal Program 23 House Rabbit Society 21

Jamestown Community

Joanne Pang Foundation 22

La Pena Cultural Center 16

Larkin Street Youth Services 13

Center 11

JobTrain 19

Kiva 2

Liberation Prison Project 31 LightHouse for the Blind and Visually Impaired 29 Magic Theatre 15 Marine Science Institute 8 Mariposa's Art 15 Meals on Wheels 28 Mental Health Association of San Francisco 30 Mission Hiring Hall 20 Mission Learning Center 5 Mosaic Project 8 Multinational Exchange for Sustainable Agriculture 25 My New Red Shoes 10 National Center for Lesbian Rights 39 New Door Ventures 12 Next 10 27 Next Door Solutions to Domestic Violence 28 Novato Human Needs Center 33 Novato Youth Center 13 One Brick 2 Opportunity Fund 20 Opportunity Junction 19 Partners in School Innovation 6 Peninsula Bridge 7 Peninsula Conflict Resolution Center 4 Pets are Wonderful Support 21 RAFT (Resource Area for Teaching) 6 Reading Partners 5 Rebuilding Together Peninsula 35 Root Division 16 San Francisco Bicycle Coalition 27 San Francisco Film Society 17 San Francisco School

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County 28

Center 23

Shanti Project 24

Second Harvest Food Bank of

Santa Clara and San Mateo

Self-Help for the Elderly 33

Shelter Network of San Mateo

Sonrisas Community Dental

Springboard Forward 18

Springboard Schools 7

Square Peg Foundation 11

St. Joseph's Family Center 35 Summer Search 13 Sunnyvale Community Services 36 Support for Families of Children with Disabilities 31 Support Network for Battered Women 32 Swords to Plowshares 31 Taproot Foundation 3 TechSoup 2 The ARC of San Francisco 32 The Center for Justice and Accountability 37 The Center for the Art of Translation 16 The Reading Tree 8 The Stride Center 20 Tides Center 4 Vanished Children's Alliance 14 West Valley Community Services 34 Women's Community Clinic 24 Yoga Bear 22 Youth Community Service 14 Youth Enrichment Strategies 9 Youth Tennis Advantage 12 Youth Together 12

"I am proud to serve on the board of this organization, where actions have direct, immediate effect in our community." "What a gift, to influence children and expose them not only to art, but to expression and personal artistic freedom."

Featuring nearly 100 local nonprofits, described by people who've had direct experiences with them.

Now more than ever, nonprofits provide essential services and programs in our community. See what you can do with just two hours of your time, or a \$50 gift.

"I have made some of my closest friends through this organization."

"You can really feel the care, intention, and mission being lived out every day."

"Nothing short of a miracle for our family."

Great*Guide to Giving and Volunteering in the San Francisco Bay Area is a project of GreatNonprofits.org

